

ACTON RECREATION DEPT.



2019 - 2020

FALL - WINTER PROGRAM

ACTONREC.COM



A letter from the Recreation Director

August 19, 2019

To Our Community,

Warm wishes for the upcoming fall and winter seasons! In this booklet, Acton Recreation is pleased to announce new indoor programs that will be held in our Recreation Center at 50 Audubon Drive, located off of High Street (opposite Faulkner Hill Road) in South Acton.

Our schedule is packed with many seasonal activities to make social connections, be more active, or get in touch with nature. Our classes in the pages ahead are organized by age - toddlers through adults. Plenty of new activities are offered – please read and enjoy!

Use our enclosed Program Registration Form on page 7 for programs and Bus Registration Form on page 8 to register in-person or by mail. You may register in person at the Acton Rec. Department, 50 Audubon Drive, with payment via cash, check or credit. To register by mail, send your form with check payable to “Town of Acton” and mail to Town of Acton Recreation Dept., 472 Main St., Acton, MA 01720. You may also register online at www.actonrec.com for all programs and selected events.

If you have any questions, comments, or concerns, please don’t hesitate to contact our office at recreation@actonma.gov or call 978-929-6640 Ext. 0. Our office is located at 50 Audubon Drive, Acton, MA 01720.

To receive announcements of new activities and events or special notices, you may request to be added to our newsletter distribution. Simply e-mail recreation@actonma.gov and provide your name and e-mail address.

Upcoming Events:

Friday, August 23, 2019: Foreigner’s Journey – 8:00-10:30 PM, \$12 in advance/\$15 at the gate.

Saturday, September 7, 2019: Food & Floyd Fest featuring Gilmour’s Breakfast – Pink Floyd Tribute – 7:00 -10:00 PM, \$12 in advance/\$15 at the gate.

Friday, October 18, 2019: Monsterbash – Black Light DJ Dance Party & Flashlight Candy Hunt- 7:00 - 9:00 PM, \$5 all ages over 2.

Please view pages 31-36 to see upcoming events this fall and winter!

We look forward to greeting you at NARA and our Recreation Center!

In health and happiness,

Melissa Rier

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GENERAL INFORMATION & PROGRAM GUIDELINES

REGISTRATION: Registration begins for classes once published on the Recreation Dept. page of the Town website: www.actonma.gov and/or in print. You can register online at www.actonrec.com or in person at the Recreation Department located at 50 Audubon Drive in South Acton, or mail to our mailing address: 472 Main Street, Acton, MA 01720, with your signed registration form and payment. There are no additional fees assessed for non-residents. You are welcome to register at any time for a program, provided it is not past a posted registration deadline. All program registrations are on a first-come, first-served basis. Registrations are not submitted through instructors; registration must be made online, by mail or in person, prior to attending a class.

PAYMENT: We accept cash, money orders, checks, MasterCard or VISA. A 3% credit card fee is applied to all credit card charges unless otherwise specified. Checks and money orders are made payable to: "Town of Acton." Out-of-state checks will not be accepted. One check can pay for multiple programs. Returned Check Fee: \$25. Class fee proration is at the discretion of the Recreation Director.

PROXY REGISTRATIONS, PROGRAM CONFIRMATION & DISCLAIMER: A person may submit another's registration form, provided the form is properly completed and signed. Limit is one per person. The Recreation Department reserves the right to correct mistakes or adjust program fees made in this brochure or online at the time of release by print or internet and cancel any program due to low enrollment or inclement weather. Confirmations are not mailed out. All registrations are considered accepted unless you are contacted – no news is good news!

FINANCIAL AID: Financial Aid for summer programs are available for Acton and Boxborough residents based on financial need through the Doli Atamian Campership Program. To apply, please visit: www.doliatamiancampership.com.

PHOTO POLICY: Acton Recreation Department events are often photographed for promotional purposes. If you do not wish to be included in Recreation photos, please indicate this to the photographer.

HOURS: Town offices are closed on Labor Day, Columbus Day, Veteran's Day, Thanksgiving and the day after Thanksgiving, Christmas, New Years Day, Martin Luther King Day, Presidents Day, Patriots Day, Memorial Day, and July 4. Acton Recreation Department staffed programs/classes are not run on these dates. Town Hall business hours are Monday, Wednesday and Thursday, 8-5 PM, Tuesday, 8-7:30 PM and Friday 8 AM-12 PM. After hours, forms (in envelope addressed to "Recreation Dept.") may be dropped in the message drop 24/7 located outside the Town Hall lower parking lot entrance. Independent instructors may run programs on these noted dates.

REFUNDS & WITHDRAWALS: **You may withdraw from a class program up to 5 (five) business days prior to the start date—a non-refundable administrative fee of \$20 will be applied to all registrations. After that time, no refunds will be issued.** All requests must be submitted in writing to the Recreation Department requesting withdrawal and refund request. Refund/Withdrawal requests are not accepted through instructors. Refunds will not be made for classes missed due to inclement weather. Exception to policy: a written letter from a licensed physician excusing participant from a program prior to 1st class. Show tickets are non-refundable but can be transferred. Tickets must be picked up in person at the Recreation Department office during regular office hours. Lost tickets are not the responsibility of the Recreation Department. **Bus Trip Refund Policy** will be outlined in the trip description. Participants are able to purchase trip cancellation insurance from the bus company if available at an additional cost directly with the bus company. **NARA Camp and Beach Refund/Withdrawal Policy** is outlined on its registration form. **Please inquire prior to any registration if you have any refund questions.**

CLASS CANCELLATION POLICY: Classes are cancelled if Acton-Boxborough Schools are closed due to weather. Notification via e-mail for Recreation Dept. programs will be made if a class is cancelled due to weather or field conditions. Programs run by our independent instructors are responsible to notify participants of class cancellations. Efforts will be made to makeup weather cancelled classes, but are not guaranteed. Any class cancellations due to an illness of an instructor will be made up or refunded. Refunds will not be offered due to a participant's inability to participate in make-up sessions.

BUS TRIPS: Bus trips will run if the minimum number of registrations is received. Our trips are merged with other local towns to help meet the minimum required. If a trip is cancelled due to the lack of minimum participants, a full refund will be issued. Please note that pickup/drop-off locations are subject to change if an adequate number of registrations is not received for a pickup location in Acton. Refunds will not be issued for a non-Acton pickup/drop-off location. In the event of illness, a trip can be transferred but not refunded once a commitment to the tour operator has been made. If you have any refund questions, please inquire prior to signing up. Individual bus trip refund policies will be outlined in the trip description. If a trip is refundable, all changes and special requests must be completed in writing 30 days prior to the trip and are subject to a \$50 cancellation fee per person. No refunds will be issued with less than 30 days notice.

BUS TRIP SPECIAL NEEDS INFORMATION: If you consider yourself to be a person with special needs, we respectfully request that you travel with a companion who can assist you. In this way we can be sure that your safety and comfort is not compromised. Please call us to discuss the details and demands of the activity before signing up for bus trips.

Acton Recreation does not discriminate on the basis of race, color, sex, religion, national origin, sexual orientation, disability or homelessness.

CONTACT INFORMATION

THE RECREATION DEPARTMENT IS LOCATED AT
50 AUDUBON DRIVE, ACTON, MA 01720

Our Mailing Address is: 472 Main Street, Acton, MA 01720

Recreation Office Hours: Monday-Friday, 8:00 a.m. to 5:00 p.m.

Recreation Office Phone: (978) 929-6640 Ext. 0 Fax: (978) 929-6333

NARA Park Bathhouse Office: Seasonal

- Saturday, May 25 - Friday, August 30: (978) 929-6641

NARA Park Amphitheater: Only during events, this is not a manned phone: (978) 929-6438

Recreation Department E-mail: recreation@actonma.gov

Director of Natural Resources: Tom Tidman, ttidman@actonma.gov

Recreation Director: Melissa Rier, mrrier@actonma.gov

Event & Program Coordinator: Maura Haberman, mhaberman@actonma.gov

Operations and Program Assistant: TBD

Office Manager: Mary Lou Repucci, mlrepucci@actonma.gov

Recreation Commission: Joe Will, Steve Trimble, Ed Holcolm

Recreation Commission E-mail: rc@actonma.gov

ACTON SPORTS CONTACT INFORMATION

Kate Myers	AB Girls Youth Lacrosse	katemyers06@gmail.com	www.abgirlslax.org
Al Caruso	AB Girls Youth Softball	alcaruso@yahoo.com	www.absoftball.com
	AB Youth Baseball	webmaster@abyb.org	www.abyb.org
Fred Dushin	AB Youth Soccer	president@abys.org	www.abys.org
Joe Mabardy	Acton Adult Softball	joe@actonasl.org	www.actonasl.org
Brian Cotter	AB Boys Youth Lacrosse	brian@cotter.org	www.leagueathletics.com
Ann-Marie Sweeney	AB Monday Night QB	annmarie.sweeney@verizon.net	www.abfootball.org
Kaushik Nanavati	Boston Bulls Cricket Club	bostonbullscc@gmail.com	www.bostonbullscc.com
Rohit Saini	NE Royals Cricket Club	rohit_saini@yahoo.com	no website
Lauren Richardt	Miracle League	info@miracleleagueofma.com	www.miracleleagueofma.com
Matt Rupley	Knights Football/Cheer	rupmatt@aol.com	www.wabknights.com

OTHER CONTACTS

- **Acton-Boxborough Community Education:** (978) 266-2525, www.abschools.org
- **Acton Lions Club:** www.actonlions.org
- **Boxborough Recreation Commission:** Megan Connor, (617) 721-6218, megt1596@yahoo.com
- **Chinese Martial Arts:** (978) 635-1090, cmaacton@yahoo.com
- **DL Dance:** Donna Shea, (978) 413-1965, dshea@dldance@gmail.com
- **Gina's Dance & Fitness Studio:** Gina Flaherty, (978) 771-4111, ginaflaherty@verizon.net
- **Gymnastics Academy of Boston:** James Loizeaux, (978) 369-9034, jamiegabacton@gmail.com
- **Miracle League of Massachusetts:** Lauren Richardt, (978) 263-3043, miracleleagueofma@yahoo.com
- **Marcus Lewis Tennis:** Joanne Crawley, (978) 264-8349 Ext. 6, joanne@marcuslewisenterprises.com
- **South Acton Community Bicycle Lockers:** Acton Planning Department, (978) 929-6631, planning@actonma.gov
- **Super Soccer Stars:** (781) 777-7171, bostonshine@supersoccerstars.com

MEET THE ACTON RECREATION STAFF WE'RE HERE FOR YOU!

BUILDING A SENSE OF COMMUNITY THROUGH QUALITY RECREATION



Melissa Rier, Recreation Director: Melissa has been with the Acton Recreation Department for 8 years. She worked with children of all ages in education and recreation for over 15 years. She's a Certified Parks and Recreation Professional (CPRP), certified by the state to teach infants, toddlers, and preschool aged children, and also holds current certifications in CPR, first aid, and lifeguarding. She received her Bachelor's Degree from Bridgewater State University in Communications, and her Master's Degree from Springfield College in Recreation Management. Melissa has experience working at many summer camps, coaching soccer and lacrosse for all levels, and teaching at various childcare centers throughout the state. She came on board with the Acton Recreation Department in the spring of 2011 and absolutely loves teaching and coaching kids through our programs!



Maura Haberman, Event & Program Coordinator: Maura has been with the Acton Recreation Department for 15 years. Maura is a Certified Festival and Event Executive (CFEE) through the International Festival and Events Association (IFEA). She is a member of the National Recreation & Parks Association and Massachusetts Recreation and Parks Association. She is an active member of the Middlesex West Chamber of Commerce and former member of the Board of Directors and former President of the Middlesex West Chamber of Commerce. Maura is also a Notary Public. Through her experience and personal passion for putting together events and class programs, she likes to know that she has helped generate many great memories and family traditions that create a positive difference in our community.



Mary Lou Repucci, Office Manager: Mary Lou graduated from Michigan State University in liberal arts and is a certified paralegal. She enjoys combining her office experience with her outdoor background at a year-round YMCA camp in Michigan where she taught outdoor education and led wilderness trips. You can find her in the Recreation office at 50 Audubon Drive!



FALL/WINTER PROGRAM REGISTRATION FORM

SAVE TIME, REGISTER ONLINE! WWW.ACTONREC.COM

Please use this form for classes/programs. *Please use bus form for bus trips located with Bus Trip section.*

Print all information - Signature required below. This form may be duplicated.

Please contact our office prior to registering if you have questions.

Email: recreation@actonma.gov Phone: 978-929-6640 ext. 0

We accept cash, check, money order, VISA or Mastercard. Credit cards are not accepted over the phone, e-mail or fax.

Credit transactions must be online or in person. Checks and money orders are made payable to: Town of Acton.

Participant Name	<input type="text"/>	<input type="checkbox"/> Female <input type="checkbox"/> Male Birthdate	<input type="text"/>	Grade (Fall '19)	<input type="text"/>
Program Name	<input type="text"/>	Program & Session #	<input type="text"/>	Program Fee \$	<input type="text"/>

Participant Name	<input type="text"/>	<input type="checkbox"/> Female <input type="checkbox"/> Male Birthdate	<input type="text"/>	Grade (Fall '19)	<input type="text"/>
Program Name	<input type="text"/>	Program & Session #	<input type="text"/>	Program Fee \$	<input type="text"/>

Participant Name	<input type="text"/>	<input type="checkbox"/> Female <input type="checkbox"/> Male Birthdate	<input type="text"/>	Grade (Fall '19)	<input type="text"/>
Program Name	<input type="text"/>	Program & Session #	<input type="text"/>	Program Fee \$	<input type="text"/>

Total Enclosed \$

Special Accommodations

E-Mail Address Preferred Phone # Alt. Phone #

Mailing Address City State Zip

If participant is under age 18, PRINT parent or legal guardian name:

Participant Signature or Parent /Guardian if Under Age 18

Printed name:

BY SIGNING ABOVE I ACKNOWLEDGE THE FOLLOWING:

I agree to hold harmless the Town of Acton and/or its employees, independent contractors, their agents and employees, from claims or liability related to any accident or injury that may occur. I certify that the participant is in good health. I understand there is some risk in taking part in sports and recreational related activities, and I am willing to assume those risks. I give participant permission for medical treatment to be given if the need arises.

REFUNDS & WITHDRAWALS: You may withdraw from a class program up to 5 (five) business days prior to the start date—a non-refundable administrative fee of \$20 will be applied to all registrations. After that time, no refunds will be issued. Administrative Fees are non-refundable for requested refunds for: bus trips, beach membership or beach passes, and any in-house credit card transaction for programs or rentals. All requests must be submitted in writing to the Recreation Department requesting withdrawal and refund request. Refund/Withdrawal requests are not accepted through instructors. It will take two - three weeks for the refund to be processed. Refunds will not be made for classes missed due to inclement weather. Exception to policy: a written letter from a licensed physician excusing participant from a program prior to 1st class. Show tickets are non-refundable but can be transferred. Tickets must be picked up in person at the Recreation Department office during regular office hours. Lost tickets are not the responsibility of the Recreation Department. **Bus Trip Refund Policy** will be outlined in the trip description. Some trips may offer participants an option to purchase non-refundable trip cancellation insurance from the bus company at an additional cost paid directly with the bus company. **NARA Camp and Beach Refund/Withdrawal Policy** are outlined on its registration form. **Please inquire prior to any registration if you have any refund questions.**

CLASS CANCELLATION POLICY: Classes are cancelled if Acton-Boxborough Schools have closed due to weather. Notification via e-mail for Recreation Dept. run programs will be made if a class is cancelled due to inclement weather or field conditions. Programs run by our independent instructors are responsible to notify participants of class cancellations. Efforts will be made to make-up weather cancelled classes, but are not guaranteed. Any class cancellations due to an illness of an instructor will be made up or refunded. Refunds will not be offered due to a participant's inability to partake in make-up sessions.

For Office Use Only: Payment Received by: mh _____ mr _____ mlr _____ Date: ____/____/____ Amount Received: \$ _____
Paid by: Cash _____ Check _____ Check # _____ MO _____ VISA _____ MasterCard _____

FALL/WINTER 2019-2020 RECREATION BUS TRIP FORM

Register in person or by mail with this form with payment by check or cash.

Please Print All Information - Signature Required Below

Trip: _____ Program # _____ Session # _____

(Participants under 18 must have parent/guardian/chaperone – parent must sign below for youth under 18)

Participant Name 1: _____ Date of Birth: _____

Participant Name 2: _____ Date of Birth: _____

Please add additional page if necessary.

Mailing Address: _____ Town: _____ Zip: _____

Email: _____

(Note: Your e-mail addresses will not be shared-they are used for program/bus updates and Recreation e-news)

Telephone:

Cell _____ Home _____ Emergency _____

Emergency Contact Name and Phone: _____

NOTES: _____

SPECIAL ACCOMMODATIONS - In order to enhance participation, please identify special needs:

BY SIGNING BELOW:

BUS TRIP SPECIAL NEEDS INFORMATION: If you consider yourself to be a person with special needs, we respectfully request that you travel with a companion who can assist you. In this way we can be sure that your safety and comfort is not compromised. Please call us to discuss the details and demands of the activity before signing up for bus trips.

I agree to hold harmless the Town of Acton and/or its employees from claims or liability related to any accident or injury that may occur. I give permission for medical treatment to be given if the need arises.

I acknowledge the REFUND, CANCELLATION & WITHDRAWAL policy outlined for this trip as described. Please note that pickup/drop-off locations are subject to change due to participant numbers. Any and all changes and special requests must be submitted in writing. A non-refundable credit card convenience fee will be added to the trip cost at time of online purchase. If a trip is cancelled by the bus company due to the lack of minimum participants or by Acton Recreation, you will be issued a full refund. All trips are Non-Refundable. Tours and inclusions are subject to change. You must purchase optional trip insurance if available to be eligible to receive a refund if applicable. Registrations may be transferred if you are unable to attend without penalty. ***A Trip Cancellation Waiver may be available for some of our bus trips. Trip Insurance Waivers are paid directly to the bus company and must be sent to the bus company within the guideline requested. Trip Insurance is non-refundable. Please see our General Policies in this booklet for registration information.**

Please answer:

1. Do you wish to purchase Trip Cancellation Waiver if available? Yes _____ No _____
2. Are you traveling with other people who are registered on a separate form? Yes _____ No _____
If so who are they: _____
3. Meal Selection if Applicable: : _____

Signature of Participant 1

Signature of Participant 2

REGISTER ONLINE AT WWW.ACTONREC.COM*

Checks are made payable to: Town of Acton

Mail Form with Payment by Check To: Town of Acton Recreation Department, 472 Main Street, Acton, MA 01720

OR

Register In-Person via Cash, Check or Credit Card*

Register in-person at the new Acton Rec. Center, 50 Audubon Drive in S. Acton.

*If you register online or pay with a credit card at our office, an administrative fee of 3% charged will be added to your total.

This administrative fee is **non-refundable** if you cancel your trip for any reason.

For Recreation Staff: Paid \$ _____ Check # _____ Cash: \$ _____ Date: _____ Rc'd by: MR MH MLR Revised 5.30.19

YOUTH PROGRAMS

Gymnastics for Toddlers



These classes are designed for you and your child to work together and create a new special bond in a fun and caring environment. Enjoy fun obstacle courses & themed weeks, run on our 40 ft. long Tumble Track, jump on our trampolines and play in our giant foam pit. Be the one who shares the excitement with your child when he/she is learning the basic techniques of gymnastics for the first time. **MIN: 1 MAX: 6**

Program & Session #	Age	Class Day	Class Dates	Time	Location	Fee	Instructor
FW1901-01	12-24 Mos.	Thursday	Sept 12, 19, 26, Oct 3, 10, 17, 24, 31	9:10-9:55 AM	12 Keefe Road, Acton	\$228	Jamie
FW1901-02	2-3	Thursday	Sept 12, 19, 26, Oct 3, 10, 17, 24, 31	10:55-11:40 AM	12 Keefe Road, Acton	\$228	Jamie
FW1901-03	12-24 Mos.	Thursday	Nov 14, 21, Dec 5, 12, 19, Jan 2, 9, 16 (no class 11/28, 12/26)	9:10-9:55 AM	12 Keefe Road, Acton	\$228	Jamie
FW1901-04	2-3	Thursday	Nov 14, 21, Dec 5, 12, 19, Jan 2, 9, 16 (no class 11/28, 12/26)	10:55-11:40 AM	12 Keefe Road, Acton	\$228	Jamie

Gymnastics for Preschoolers



These classes will have your child head over heels with delight. Do you have a preschooler who is full of energy - running, jumping and swinging all over the house? In our classes, each child will develop the basic skills of gymnastics with an emphasis on the forward and backward rolls as well as cartwheels. Children will learn how to safely use all of the gym's equipment (bars, beams, trampoline, tumble track, rings and floor equipment), building up self-confidence and making new friends.

MIN: 1 MAX: 6

Program & Session #	Age	Class Day	Class Dates	Time	Location	Fee	Instructor
FW1902-01	3-5	Thursday	Sept 12, 19, 26, Oct 3, 10, 17, 24, 31	9:10-9:55 AM	12 Keefe Road, Acton	\$228	Mary
FW1902-02	3-5	Thursday	Sept 12, 19, 26, Oct 3, 10, 17, 24, 31	10:55-11:40 AM	12 Keefe Road, Acton	\$228	Mary
FW1902-03	3-5	Thursday	Nov 14, 21, Dec 5, 12, 19, Jan 2, 9, 16 (no class 11/28, 12/26)	9:10-9:55 AM	12 Keefe Road, Acton	\$228	Mary
FW1902-04	3-5	Thursday	Nov 14, 21, Dec 5, 12, 19, Jan 2, 9, 16 (no class 11/28, 12/26)	10:55-11:40 AM	12 Keefe Road, Acton	\$228	Mary

Music Therapy Group



Music Therapy Group (for ages 3-12) is a unique musical place where children learn to make music and meet new friends. Music experiences are designed to support various communication methods, encourage and develop peer to peer interaction, and foster creativity and imagination using instruments, songs, and movement. Children in this group expand their leadership skills and increase their ability to engage in collaborative groups. Children of all abilities with varied communication methods looking for peer-to-peer interactions are welcome to attend this multi-aged, multi-sensory group. **MIN: 6 MAX: 12**

Program & Session #	Age	Class Day	Class Dates	Time	Location	Fee	Instructor
FW1903-01	3-6	Tuesday	Sept. 17, Oct. 1, 15, 29, Nov. 12, 26 Dec. 10	2:30-3:15 PM	Acton Rec. Center 50 Audubon Drive	\$182	Eliza Trickett, MT-BC
FW1903-02	3-6	Tuesday	Jan. 21, Feb. 4, 18, March 3, 17	2:30-3:15 PM	Acton Rec. Center 50 Audubon Drive	\$130	Eliza Trickett, MT-BC

The Benefits of Music Therapy

Infants, toddlers and young children have fun engaging in music making that supports their emotional, social, cognitive and language development.

Creative early intervention strategies including music therapy programming can be used to successfully reach young children with identified developmental delays or other unique needs. Without realizing it, infants benefit from specialized music experiences as it:

- ~ Increases expressive and communication skills
- ~ Strengthens bonds between caregivers and children
- ~ Boosts confidence in caregivers by providing support and knowledge of their child's development in a music-based setting

YOUTH PROGRAMS

Young Artists



This class is designed for elementary aged children who love to express themselves through art. In each class, we'll use a different medium for our project. Art projects will be themed and students will be able to create their work, however they please with the materials provided. Materials include paint, markers, chalk, glue, sand, feathers, etc. **MIN: 4 MAX: 10**

Program & Session #	Age	Class Day	Class Dates	Time	Location	Fee	Instructor
FW1904-01	6-9	Tuesday	Sept. 24, Oct. 1, 8, 15, 22	4:00-4:55 PM	Acton Rec. Center 50 Audubon Drive	\$25	Melissa Rier
FW1904-02	6-9	Tuesday	Jan. 7, 14, 21, 28 Feb. 4	4:00-4:55 PM	Acton Rec. Center 50 Audubon Drive	\$25	Melissa Rier

Kiddie Soccer



This clinic emphasizes fun while developing basic soccer skills. We will play a variety of fun-filled soccer games to introduce these young players to the sport! Materials Needed: Please have your child wear sneakers. All play materials are provided. **MIN: 4 MAX: 10** *Weather makeup class will be determined by instructor.*

Program & Session #	Age	Class Day	Class Dates	Time	Location	Fee	Instructor
FW1905-01	4-5	Wednesday	Sept. 25, Oct. 2, 9, 16, 23	3:30-4:20 PM	NARA Upper Fields 75 Quarry Road	\$55	Melissa Rier
FW1905-02	4-5	Thursday	Sept. 26, Oct. 3, 10, 17, 24	10:00-10:50 AM	NARA Upper Fields 75 Quarry Road	\$55	Melissa Rier
FW1905-03	4-5	Wednesday	Jan. 8, 15, 22, 29, Feb. 5	3:30-4:20 PM	Acton Rec. Center (indoor) 50 Audubon Drive	\$55	Melissa Rier
FW1905-04	4-5	Thursday	Jan. 9, 16, 23, 30, Feb. 6	10:00-10:50 AM	Acton Rec. Center (indoor) 50 Audubon Drive	\$55	Melissa Rier

Origami Fun for Kids



Experiment with paper with the technique of paperfolding called Origami. Learn some tricks while you fold your own unique origami. You will hear the crane's peace tale, then fold with paper, plastic and metal. You will hear a song about a green origami goldfish, then fold 3 mini-books, fold the goldfish featured and even illustrate a scene with a piano. We will make fall themed origami including leaves, pumpkins, torches, ghosts and turkeys. We will welcome winter with ornate snowflakes, icicles and candles. Come and have fun! **MIN: 4 MAX: 15**

Program & Session #	Age	Class Day	Class Dates	Time	Fee	Location	Instructor
FW1906-01	8-12	Tuesday	Sept. 10, 17, 24, Oct. 15, 22 (no class 10/1)	3:00-4:30 PM	\$65	Acton Rec. Center 50 Audubon Drive	Lisa B. Corfman

Woodworking for Kids

Woodworking is a fun way for kids to become inventors, think innovatively, develop math skills and understand mechanical and spatial relationships. This class is held in a woodshop where kids learn to safely use real tools. Students get a chance to experiment with materials and choose a project to build. Through the building process, they learn how to work with wood and various tools, including sandpaper, crosscut saws, files and hammers. Safety is stressed in every lesson and will always be a top priority. **MIN: 4 MAX: 10** Materials needed: closed toed shoes required. www.amosundays.com

Program & Session #	Age	Class Day	Class Dates	Time	Location	Fee	Instructor
FW1942-01	5-11	Sunday	Sept. 8, 15, 22, 29, Oct. 6, 20 (no class 10/13)	10:00-11:00 AM	A Month of Sundays 63 Summer Street, Maynard	\$260	Jenny Sorblom
FW1942-02	5-11	Sunday	Nov. 3, 10, 17, 24, Dec. 8, 14 (no class 12/1)	10:00-11:00 AM	A Month of Sundays 63 Summer Street, Maynard	\$260	Jenny Sorblom
FW1942-03	5-11	Sunday	Jan. 12, 19, 26, Feb. 2, 9, 23 (no class 2/16)	10:00-11:00 AM	A Month of Sundays 63 Summer Street, Maynard	\$260	Jenny Sorblom

YOUTH PROGRAMS



Super Soccer Stars on Saturdays



At Super Soccer Stars, our goal is to teach soccer skills in a fun, non-competitive, educational environment. Our philosophy is to use soccer to nurture, build self-confidence, and develop teamwork in every class. Our specially designed curricula uses positive reinforcement and a low child-to-coach ratio to ensure that each child improves at his or her own pace while having endless fun. All materials are supplied for class. Classes held at the Acton Rec. Center are indoor.

Weather makeup class will be determined by Super Soccer Stars.

MIN: 4 MAX: 12

Program & Session #	Age	Class Day	Class Dates	Time	Location	Fee	Instructor
FW1907-01	1-2	Saturday	September 14, 21, 28, Oct. 5, 12, 19	9:00-9:40 AM	Elm Street Field 18 Elm Street	\$120	Super Soccer Stars
FW1907-02	3-4	Saturday	September 14, 21, 28, Oct. 5, 12, 19	9:45-10:30 AM	Elm Street Field 18 Elm Street	\$120	Super Soccer Stars
FW1907-03	2-3 (young 3)	Saturday	September 14, 21, 28, Oct. 5, 12, 19	10:35-11:15 AM	Elm Street Field 18 Elm Street	\$120	Super Soccer Stars
FW1907-04	5-7	Saturday	September 14, 21, 28, Oct. 5, 12, 19	12:15-1:15 PM	Elm Street Field 18 Elm Street	\$120	Super Soccer Stars
FW1907-05	*12-Adult (adaptive class)	Saturday	September 14, 21, 28, Oct. 5, 12, 19	11:25-12:05 PM	Elm Street Field 18 Elm Street	\$120	Super Soccer Stars
FW1907-06	3-4	Saturday	Nov. 2, 9, 16, 23, Dec. 7, 14 (no class Nov. 30)	9:45-10:30 AM	Acton Rec. Center 50 Audubon Drive	\$120	Super Soccer Stars
FW1907-07	2-3 (young 3)	Saturday	Nov. 2, 9, 16, 23, Dec. 7, 14 (no class Nov. 30)	10:35-11:15 AM	Acton Rec. Center 50 Audubon Drive	\$120	Super Soccer Stars
FW1907-08	5-7	Saturday	Nov. 2, 9, 16, 23, Dec. 7, 14 (no class Nov. 30)	11:25-12:05 PM	Acton Rec. Center 50 Audubon Drive	\$120	Super Soccer Stars
FW1907-09	3-4	Saturday	Jan. 11, 18, 25, Feb. 1, 8, 22 (no class Feb. 15)	9:45-10:30 AM	Acton Rec. Center 50 Audubon Drive	\$120	Super Soccer Stars
FW1907-10	2-3 (young 3)	Saturday	Jan. 11, 18, 25, Feb. 1, 8, 22 (no class Feb. 15)	10:35-11:15 AM	Acton Rec. Center 50 Audubon Drive	\$120	Super Soccer Stars
FW1907-11	5-7	Saturday	Jan. 11, 18, 25, Feb. 1, 8, 22 (no class Feb. 15)	11:25-12:05 PM	Acton Rec. Center 50 Audubon Drive	\$120	Super Soccer Stars

***This is an adaptive soccer class (Super Soccer Shine) -- Super Soccer Stars' Shine Program** uses soccer as a vehicle to teach life skills to players of all abilities including individuals with developmental and intellectual disabilities such as (but not limited to), Autism Spectrum Disorders, Down Syndrome, ADHD and PDD-NOS.

We work with a developmentally-appropriate curriculum designed by licensed educators and therapists that promotes the complete growth of each individual and encourages players to improve at his or her own pace. We use soccer to enhance peer interactions and provide a safe environment for players to increase social potential.



YOUTH PROGRAMS

Amazing Athletes - Educational Sports Program on Sundays

AMAZING ATHLETES IS A MOBILE, YEAR-ROUND, EDUCATIONAL SPORTS AND FITNESS PROGRAM THAT INTRODUCES YOUNG CHILDREN TO THE BASIC FUNDAMENTALS OF 10 DIFFERENT SPORTS WHILE HELPING THEM MASTER 6 KEY AREAS OF MOTOR-DEVELOPMENT AND PHYSICAL LITERACY.

At Amazing Athletes, we use sports as a catalyst to meet the needs of the whole child—physical, mental, social, and emotional.

Based on a building block system, each of our Amazing Athletes programs take the time to carefully instruct each child at his or her own pace, breaking down and teaching the fundamentals of ten different sports: basketball, hockey, football, lacrosse, golf, baseball, tennis, volleyball, track & field, and soccer.

Our unique programs help to develop key motor skills and instill the values and advantages of structured active play for healthy habits and benefits that can last a lifetime. Active children demonstrate better focus, energy, emotional control, social awareness, and more. All of our Amazing Athletes programs are taught in group settings, allowing our coaches to incorporate lessons on teamwork, sportsmanship, and self-confidence.

Most importantly, we teach each child at his or her own pace, helping them to meet, master, and exceed their motor development milestones and personal goals. By encouraging each child on an individual level, our athletes gain the confidence and personal insight to encourage a love of fitness that can stretch through adolescence and adulthood.

Classes held at the Acton Rec. Center are indoor.

Weather makeup class will be determined by Super Soccer Stars.

MIN: 4 MAX: 12

www.amazingathletes.com



Program & Session #	Age	Class Day	Class Dates	Time	Location	Fee	Instructor
FW1908-01	1-2	Sunday	September 15, 22, 29, Oct. 6, 13, 20	9:00-9:40 AM	Elm Street Field 18 Elm Street	\$120	Super Sports Stars
FW1908-02	3-4	Sunday	September 15, 22, 29, Oct. 6, 13, 20	9:45-10:30 AM	Elm Street Field 18 Elm Street	\$120	Super Sports Stars
FW1908-03	2-3 (young 3)	Sunday	September 15, 22, 29, Oct. 6, 13, 20	10:35-11:15 AM	Elm Street Field 18 Elm Street	\$120	Super Sports Stars
FW1908-04	5-7	Sunday	September 15, 22, 29, Oct. 6, 13, 20	12:15-1:15 PM	Elm Street Field 18 Elm Street	\$120	Super Sports Stars
FW1908-05	12-Adult (adaptive class)	Sunday	September 15, 22, 29, Oct. 6, 13, 20	11:25-12:05 PM	Elm Street Field 18 Elm Street	\$120	Super Sports Stars
FW1908-06	3-4	Sunday	Nov. 3, 10, 17, 24, Dec. 8, 15 (no class Dec. 1)	9:45-10:30 AM	Acton Rec. Center 50 Audubon Drive	\$120	Super Sports Stars
FW1908-07	2-3 (young 3)	Sunday	Nov. 3, 10, 17, 24, Dec. 8, 15 (no class Dec. 1)	10:35-11:15 AM	Acton Rec. Center 50 Audubon Drive	\$120	Super Sports Stars
FW1908-08	5-7	Sunday	Nov. 3, 10, 17, 24, Dec. 8, 15 (no class Dec. 1)	11:25-12:05 PM	Acton Rec. Center 50 Audubon Drive	\$120	Super Sports Stars
FW1908-09	3-4	Sunday	Jan. 12, 19, 26, Feb. 2, 9, 23 (no class Feb. 16)	9:45-10:30 AM	Acton Rec. Center 50 Audubon Drive	\$120	Super Sports Stars
FW1908-10	2-3 (young 3)	Sunday	Jan. 12, 19, 26, Feb. 2, 9, 23 (no class Feb. 16)	10:35-11:15 AM	Acton Rec. Center 50 Audubon Drive	\$120	Super Sports Stars
FW1908-11	5-7	Sunday	Jan. 12, 19, 26, Feb. 2, 9, 23 (no class Feb. 16)	11:25-12:05 PM	Acton Rec. Center 50 Audubon Drive	\$120	Super Sports Stars

YOUTH PROGRAMS

LEGO® Civics Project

Build Your Lego City. Then Learn to Govern it...



As our students build a fully-planned and intricately-designed Lego city, they also learn to govern it. Students learn about elections, laws, city planning, economics and the environment as they serve on a city council which must make key governing decisions about their city. They work on committees to design their official city flag, design their city's currency and create a constitution of laws. Students have the opportunity to run for mayor, open their own business, debate city issues and design city buildings. Social studies, history and civics have never been so fun!

Visit: rightbraincurriculum.com/legocivics MIN: 7 MAX: 20

Program & Session #	Grade	Class Day	Class Dates	Time	Location	Fee
FW19201-01	2-5	Thursday	Sept. 19, 26 Oct. 3, 10, 17, 24	2:00-3:30 PM	Acton Rec. Center 50 Audubon Drive	\$137
FW19201-02	2-5	Thursday	Nov. 7, 14, 21 Dec. 5, 12, 19 (no class 11/28)	2:00-3:30 PM	Acton Rec. Center 50 Audubon Drive	\$137
FW19201-04	2-5	Thursday	Jan. 16, 23, 30 Feb. 6, 13, 27 (no class 2/20)	2:00-3:30 PM	Acton Rec. Center 50 Audubon Drive	\$137

Business Sharks

Students design their own business and then present it in the Shark Tank!



In our Business Sharks class, students play the role of young entrepreneurs as they start with the germ of an idea for a business and product and take it through the entire entrepreneurial process. Our students develop prototypes, formulate a business plan and devise a marketing strategy. Students learn contextual lessons on concepts such as competition, profits and branding while designing print ads, acting out "TV commercials," researching real estate locations and designing their storefronts. The class concludes with our young executives pitching their ideas to a "Shark Tank" panel of parents. These young entrepreneurs will really be taking care of business!

Visit: rightbraincurriculum.com/businesssharks MIN: 7 MAX: 20

Program & Session #	Grade	Class Day	Class Dates	Time	Location	Fee
FW19202-01	2-5	Thursday	Sept. 19, 26 Oct. 3, 10, 17, 24	3:30-5:00 PM	Acton Rec. Center 50 Audubon Drive	\$137
FW19202-02	2-5	Thursday	Nov. 7, 14, 21 Dec. 5, 12, 19 (No class 11/28)	3:30-5:00 PM	Acton Rec. Center 50 Audubon Drive	\$137
FW19202-03	2-5	Thursday	Jan. 16, 23, 30 Feb. 6, 13, 27 (no class 2/20)	3:30-5:00 PM	Acton Rec. Center 50 Audubon Drive	\$137

Expert Architects

Students are in charge of an architectural firm. Now it's time to reach for the sky!



The sky is the limit in Expert Architects! In this math, writing and presentation class, students each serve as president of a new architectural firm and are tasked with designing and building the city's next skyscraper. Students study a kid-friendly history of skyscrapers and create a blueprint of their own stylized tall building. They then must weigh other considerations including the environment, traffic and surrounding buildings using Google Earth to find the perfect location for their project. Our expert architects create a three-dimensional model of the structure and present their work to invited parents.

Visit: rightbraincurriculum.com/expertarchitects MIN: 7 MAX: 20

Program & Session #	Grade	Class Day	Class Dates	Time	Location	Fee
FW19203-01	2-5	Wednesday	Oct. 23, 30, Nov. 6 13, 20, Dec. 4 (no class 11/27)	3:30-5:00 PM	Acton Rec. Center 50 Audubon Drive	\$137
FW19203-02	2-5	Tuesday	Jan. 14, 21, 28 Feb. 4, 11, 25 (no class 2/18)	3:30-5:00 PM	Acton Rec. Center 50 Audubon Drive	\$137

YOUTH PROGRAMS

MetroCraft - Grades 6-8

Economics, civics and math in a virtual Minecraft World



Students learn economics, civics, geometry, history and technology as they work together to create a city within a virtual Minecraft world. Minecraft is a limitless platform for students to learn academic skills in a highly engaging virtual environment. In this problem-solving class, students design their own house and business as they learn about budgeting, profit and loss and supply and demand. As they serve on a city council, they study how laws are made and work together to create and vote on a city constitution of laws. Students use mathematics and geometry to construct a working urban environment. STEM skills have never been so fun! Visit: rightbraincurriculum.com/metrocraft MIN: 7 MAX: 20

Program & Session #	Grade	Class Day	Class Dates	Time	Location	Fee
FW19204-01 -Weeks 1-6	2-5	Tuesday	Sept. 17, 24 Oct. 1, 8, 15, 22	3:30-5:00 PM	Acton Rec. Center 50 Audubon Drive	\$137
FW19204-02 - Weeks 6-12 Prerequisite: Session 01 Completion	2-5	Tuesday	Oct. 29, Nov. 12, 19, 26 Dec. 3, 10 (no class 11/5)	3:30-5:00 PM	Acton Rec. Center 50 Audubon Drive	\$137
FW19204-03 - Weeks 1-6	2-5	Wednesday	Jan. 8, 15, 22, 29 Feb. 5, 12, 26 (no class 2/19)	3:30-5:00 PM	Acton Rec. Center 50 Audubon Drive	\$137
FW19204-04 - Weeks 6-12 Prerequisite: Session 01 or 03 Completion	2-5	Wednesday	Feb. 26, March 4, 11, 18, 25 April 1	3:30-5:00 PM	Acton Rec. Center 50 Audubon Drive	\$137



Chinese Music & Dance Night, 6/14/19



Beach Party, 6/22/19



July 4th Fireworks at NARA, 7/4/19



A copy of the NARA Master Plan may be viewed at the Acton Recreation Department or at the Acton Memorial Library or viewed on the Town of Acton website: <http://www.acton-ma.gov/DocumentCenter/View/5616/NARA-Master-Plan-2016-to-2026?bidId=>

YOUTH PROGRAMS

Junior Tennis Classes



If you have been looking to expose your child to the sport of tennis or if you have a child who has been playing for a few years, these classes will cover both. The Marcus Lewis Tennis Extension Program is a non-profit that specializes in high-level tennis instruction through community programming. The Extension Program utilizes professional instructors and the most current methods to achieve the most effective results. Note: Children should wear athletic or tennis apparel and sneakers, bring a filled water bottle and a racket if he/she has one.

MIN: 4 **MAX:** 10 *Weather make ups will be determined by MLTC.*

--The beginner class teaches kids the basic fundamental skills and techniques.

--For kids with experience, these classes provide an opportunity for more match play and strategy.

Program & Session #	Age	Class Day	Class Dates	Time	Location	Fee	Instructor
FW1909-01 Quick Start Beginner	6-8	Thursday	September 19, 26, Oct. 3, 10, 17	4:00-5:00 PM	Elm Street Tennis Courts 18 Elm Street	\$90	Marcus Lewis Staff
FW1909-02 Jr. Intermediate	9-12	Thursday	September 19, 26, Oct. 3, 10, 17	5:00-6:00 PM	Elm Street Tennis Courts 18 Elm Street	\$90	Marcus Lewis Staff

Parents Night Out - Where Kids Stay and Play!

PROGRAM #FW1910

FOR AGES 5-12

This program will be held at the Acton Rec. Center located at 50 Audubon Drive (opposite Faulkner Hill Road) off of High Street. This program is supervised by Acton Recreation Staff.

Registration is required one week prior to each date and enrollment is accepted on a first-come basis.

Nut free snacks are provided by parents. Popcorn/chips or pretzels and juice will be provided by the Recreation Department with parent's permission.

Family friendly movies will be rated G, PG or PG-13 if shown.

A sibling discount is available for this program. This program is non-refundable unless it has been cancelled by the Acton Recreation Department due to unforeseen circumstances.

FEE IS \$25 PER DATE PER CHILD, \$5 OFF FOR ADDITIONAL SIBLING.

MINIMUM ENROLLMENT: 8

MAXIMUM ENROLLMENT: 24

REGISTER ONLINE: ACTONREC.COM

PARENTS NIGHT OUT

WHERE KIDS STAY AND PLAY!

ACTON REC. CENTER
50 AUDUBON DRIVE, ACTON

FRIDAY NIGHTS!
6:00-10:00 PM

NOVEMBER 8
DECEMBER 6
JANUARY 10
FEBRUARY 14
MARCH 13

\$25 FIRST CHILD
\$15 FOR EACH SIBLING
(PER DATE)
FOR: AGES 5-12
PARENT PROVIDED SNACK (NO NUTS)

NON-REFUNDABLE
MIN: 8 MAX: 20
PRE-REGISTRATION REQUIRED
MINIMUM ONE WEEK PRIOR
TO EACH DATE

Movies ~ Music ~ Games ~ Crafts
Fun with Friends!

REGISTER ONLINE AT ACTONREC.COM

YOUTH PROGRAMS

Kung Fu Martial Arts - Little Dragons



Enroll your child in a program that will develop his/her confidence, concentration, coordination, teach respect and self defense; not to mention it's a lot of fun! Testing for belt upon completion of the program is included.

www.wushukungfu.net

MIN: 2 MAX: 6

Program & Session #	Age	Class Day	Class Dates	Time	Location	Fee	Instructor
FW1911-01	4-6	Monday	Sept 16 - Oct. 28 (no class 10/14)	5:00-5:30 PM	Chinese Martial Arts 32 Nagog Park Drive	\$104	Eva Latecki & Narczyz Latecki
FW1911-02	4-6	Wednesday	Sept. 18 - Oct. 23	5:00-5:30 PM	Chinese Martial Arts 32 Nagog Park Drive	\$104	Eva Latecki & Narczyz Latecki
FW1911-03	4-6	Saturday	Sept. 21 - Oct. 26	10:00-10:30 AM	Chinese Martial Arts 32 Nagog Park Drive	\$104	Eva Latecki & Narczyz Latecki
FW1911-04	4-6	Monday	Nov. 4 - Dec. 16 (no class 11/11)	5:00-5:30 PM	Chinese Martial Arts 32 Nagog Park Drive	\$104	Eva Latecki & Narczyz Latecki
FW1911-05	4-6	Wednesday	Nov. 6 - Dec. 18 (no class 11/27)	5:00-5:30 PM	Chinese Martial Arts 32 Nagog Park Drive	\$104	Eva Latecki & Narczyz Latecki
FW1911-06	4-6	Saturday	Nov. 2 - Dec. 14 (no class 11/30)	10:00-10:30 AM	Chinese Martial Arts 32 Nagog Park Drive	\$104	Eva Latecki & Narczyz Latecki
FW1911-07	4-6	Monday	Jan. 6 - Feb. 24 (no class 1/20, 2/17)	5:00-5:30 PM	Chinese Martial Arts 32 Nagog Park Drive	\$104	Eva Latecki & Narczyz Latecki
FW1911-08	4-6	Wednesday	Jan. 8 - Feb. 12	5:00-5:30 PM	Chinese Martial Arts 32 Nagog Park Drive	\$104	Eva Latecki & Narczyz Latecki
FW1911-09	4-6	Saturday	Jan. 4 - Feb. 8	10:00-10:30 AM	Chinese Martial Arts 32 Nagog Park Drive	\$104	Eva Latecki & Narczyz Latecki

Kung Fu Martial Arts - Young Tigers



Kung Fu teaches children to try their best. Through training, they learn how to overcome challenges and experience victories, giving them confidence to be their best in martial arts, school and at home. This class develops flexibility, strength, self defense, respect, self esteem and coordination. Testing for belt upon completion of the program is included. MIN: 4

MAX: 8 www.wushukungfu.net

Program & Session #	Age	Class Day	Class Dates	Time	Location	Fee	Instructor
FW1920-01	7-12	Tuesday	Sept. 17-Oct. 22	6:15-7:00 PM	Chinese Martial Arts 32 Nagog Park Drive	\$117	Eva Latecki & Narczyz Latecki
FW1920-02	7-12	Thursday	Sept. 19 - Oct. 24	4:45-5:30 PM	Chinese Martial Arts 32 Nagog Park Drive	\$117	Eva Latecki & Narczyz Latecki
FW1920-03	7-12	Tuesday	Nov. 5 - Dec. 10	6:15-7:00 PM	Chinese Martial Arts 32 Nagog Park Drive	\$117	Eva Latecki & Narczyz Latecki
FW1920-04	7-12	Thursday	Nov. 7 - Dec. 19 (no class 11/28)	4:45-5:30 PM	Chinese Martial Arts 32 Nagog Park Drive	\$117	Eva Latecki & Narczyz Latecki
FW1920-05	7-12	Tuesday	Jan. 7 - Feb. 11	6:15-7:00 PM	Chinese Martial Arts 32 Nagog Park Drive	\$117	Eva Latecki & Narczyz Latecki
FW1920-06	7-12	Thursday	Jan. 2 - Feb. 6	4:45-5:30 PM	Chinese Martial Arts 32 Nagog Park Drive	\$117	Eva Latecki & Narczyz Latecki

Sledding at NARA Park!

NARA PARK HAS ONE OF THE BEST SLEDDING HILLS AROUND!

Sledding at NARA Park is free and open to the public during daylight hours. Sledding is at your own risk. We do not recommend sledding toward the stage or the steep back hill of the amphitheater toward the water. Please sled onto the upper fields. For your safety, always wear helmets.



YOUTH PROGRAMS

SCHOOL'S OUT - RECREATION KIDS CLUB!

**WHAT ARE YOU GOING TO DO WHEN SCHOOL IS OUT...
FOR A ONE-DAY HOLIDAY, PROFESSIONAL DAY OR SCHOOL VACATION BREAK!**

We'll have arts & crafts, various games, outdoor play, and more! Come play with us at our Recreation Center!

Please note that you must complete either the mail-in form found at: actonrec.com or enroll online at actonrec.com.

POST CARE IS AVAILABLE FROM 4:00-5:30 PM FOR MOST DATES (SOME DATES, 4:00-5:00 PM).
Post care enrollment is listed separately from the full day program.

This program is non-refundable with less than seven business days notice prior to the class date.

MIN: 5 MAX: 40

Program & Session #	Age	Class Day	Class Date	Time	Location	Fee	Instructor
FW1921-01 PC 9/30/19	5-12	Monday	September 30	9:00-4:00 PM	Acton Rec. Center 50 Audubon Drive	\$50 Post Care 4-5 PM: \$15	Melissa Rier & Staff
FW1921-02 PC 10/9/19	5-12	Wednesday	October 9	9:00-4:00 PM	Acton Rec. Center 50 Audubon Drive	\$50 Post Care 4-5 PM: \$15	Melissa Rier & Staff
FW1921-03 PC 11/5/19	5-12	Tuesday	November 5	9:00-4:00 PM	Acton Rec. Center 50 Audubon Drive	\$50 Post Care 4-5 PM: \$15	Melissa Rier & Staff
FW1921-04 PC 12/23/19	5-12	Monday	December 23	9:00-4:00 PM	Acton Rec. Center 50 Audubon Drive	\$50 Post Care 4-5:30 PM: \$20	Melissa Rier & Staff
FW1921-05	5-12	Tuesday	December 24	9:00-Noon	Acton Rec. Center 50 Audubon Drive	\$23 No Post Care Available	Melissa Rier & Staff
FW1921-06 PC 12/26/19	5-12	Thursday	December 26	9:00-4:00 PM	Acton Rec. Center 50 Audubon Drive	\$50 Post Care 4-5:30 PM: \$20	Melissa Rier & Staff
FW1921-07 PC 12/27/19	5-12	Friday	December 27	9:00-4:00 PM	Acton Rec. Center 50 Audubon Drive	\$50 Post Care 4-5:30 PM: \$20	Melissa Rier & Staff
FW1921-08 PC 12/30/19	5-12	Monday	December 30	9:00-4:00 PM	Acton Rec. Center 50 Audubon Drive	\$50 Post Care 4-5:30 PM: \$20	Melissa Rier & Staff
FW1921-09	5-12	Tuesday	December 31	9:00-Noon	Acton Rec. Center 50 Audubon Drive	\$23 No Post Care Available	Melissa Rier & Staff
FW1921-10 PC 2/18/20	5-12	Tuesday	February 18	9:00-4:00 PM	Acton Rec. Center 50 Audubon Drive	\$50 Post Care 4-5:30 PM: \$20	Melissa Rier & Staff
FW1921-11 PC 2/19/20	5-12	Wednesday	February 19	9:00-4:00 PM	Acton Rec. Center 50 Audubon Drive	\$50 Post Care 4-5:30 PM: \$20	Melissa Rier & Staff
FW1921-12 PC 2/20/20	5-12	Thursday	February 20	9:00-4:00 PM	Acton Rec. Center 50 Audubon Drive	\$50 Post Care 4-5:30 PM: \$20	Melissa Rier & Staff
FW1921-13 PC 2/21/20	5-12	Friday	February 21	9:00-4:00 PM	Acton Rec. Center 50 Audubon Drive	\$50 Post Care 4-5:30 PM: \$20	Melissa Rier & Staff
FW1921-14 PC 4/10/19	5-12	Friday	April 10	9:00-4:00 PM	Acton Rec. Center 50 Audubon Drive	\$50 Post Care 4-5:30 PM: \$20	Melissa Rier & Staff
FW1921-15 PC 4/19/20	5-12	Tuesday	April 21	9:00-4:00 PM	Acton Rec. Center 50 Audubon Drive	\$50 Post Care 4-5:30 PM: \$20	Melissa Rier & Staff
FW1921-16 PC 4/22/20	5-12	Wednesday	April 22	9:00-4:00 PM	Acton Rec. Center 50 Audubon Drive	\$50 Post Care 4-5:30 PM: \$20	Melissa Rier & Staff
FW1921-17 PC 4/23/20	5-12	Thursday	April 23	9:00-4:00 PM	Acton Rec. Center 50 Audubon Drive	\$50 Post Care 4-5:30 PM: \$20	Melissa Rier & Staff
FW1921-18 PC 4/24/20	5-12	Friday	April 24	9:00-4:00 PM	Acton Rec. Center 50 Audubon Drive	\$50 Post Care 4-5:30 PM: \$20	Melissa Rier & Staff

OLDER TEEN - ADULT PROGRAMS

Line Dancing



Maybe you've done a little line dancing at a wedding or party, loved it and wished you could do more? Maybe you are an experienced line dancer looking for a place to add another night to your dancing fun? Maybe you are a single person who would love a form of dance where a partner isn't needed? And maybe you just might be looking for something new to try! We can teach you the basic steps and have you dancing in minutes! We cater to both country and non-country music fans with an all country music class, and a class where we dance to all different genres of music (pop, country, oldies and more)! Get out of the chair and make new friends as well as burn the same number of calories as a low-impact aerobics class and not even realize you are exercising! Wear comfy clothes – layers are good, shoes with soles that will slide easily (sneakers stick and a dance sole is best!). Bring a bottle of water and your friends. No other special equipment is necessary and no partner is needed. Questions? Call Donna at (978) 413-1965 or E-mail dshea.dldance@gmail.com. **MIN: 4 MAX: 30**

ALL CLASSES ARE HELD AT: DL DANCE STUDIO, 629 MASS. AVE., BOXBORO

Program & Session #	Age	Class Day	Class Dates	Time	Level	Fee	Instructor
SS1922-01	15+	Monday	Sept. 9, 16, 23, 30, Oct. 7, 21 (no class 10/14)	10:30-11:30 AM	Beginner	\$60	Donna Shea
SS1922-02	15+	Wednesday	Sept. 11, 18, 25, Oct. 2, 9, 16	6:30-7:30 PM	Beginner	\$60	Donna Shea
SS1922-03	15+	Monday	Nov. 4, 11, 18, Dec. 2, 9, 16 (no class 11/25)	10:30-11:30 AM	Beginner	\$60	Donna Shea
SS1922-04	15+	Wednesday	Nov. 6, 13, 20, Dec. 4, 11, 18 (no class 11/27)	6:30-7:30 PM	Beginner	\$60	Donna Shea
FW1940-01	15+	Monday	Jan. 6, 13, 20, 27, Feb. 3, 10	10:30-11:30 AM	Beginner	\$78	Donna Shea
FW1940-02	15+	Wednesday	Jan. 8, 15, 22, 29, Feb. 5, 12	6:30-7:30 PM	Beginner	\$78	Donna Shea
FW1940-03	15+	Monday	March 2, 9, 16, 23, 30, April 6	10:30-11:30 AM	Beginner	\$78	Donna Shea
FW1940-04	15+	Wednesday	March 4, 11, 18, 25, April 1, 8	6:30-7:30 PM	Beginner	\$78	Donna Shea

Ballroom Dancing



Learn the basic moves of ballroom dancing in a fun and relaxed atmosphere and be the hit of the next wedding or function! We will focus on one unique style of dance in each six-week session. The class is taught in a rotation system so singles (or those with spouses who won't leave the couch) are most welcome at our classes - rotation is optional and not required but we guarantee you will learn faster if you do! Wear comfortable clothing and shoes that slide (sneakers will stick!) and bring a bottle of water and your friends. No other special equipment is necessary. Questions? Call Donna at (978) 413-1965 or E-mail dshea.dldance@gmail.com. **MIN: 4 MAX: 30**



ALL CLASSES ARE HELD AT: DL DANCE STUDIO, 629 MASS. AVE., BOXBORO

Program & Session #	Age	Class Day	Class Dates	Time	Dance	Fee	Instructor
SS1923-01	15+	Tuesday	Sept. 10, 17, 24, Oct. 1, 8, 15	6:30-7:30 PM	West Coast Swing	\$60	Donna Shea
SS1923-02	15+	Tuesday	Nov. 5, 12, 19, Dec. 3, 10, 17 (no class 11/26)	6:30-7:30 PM	Rumba	\$60	Donna Shea
FW1941-01	15+	Tuesday	Jan. 7, 14, 21, 28, Feb. 4, 11	6:30-7:30 PM	Tango	\$78	Donna Shea
FW1941-02	15+	Tuesday	March 3, 10, 17, 24, 31, April 7	6:30-7:30 PM	Cha Cha	\$78	Donna Shea

OLDER TEEN - ADULT PROGRAMS

Every Body's Ballet



This ballet class will gently guide you to improved posture, flexibility, strength coordination and rhythm in a positive environment. We will learn the fundamentals and vocabulary of classical ballet as a means to express ourselves through movement. You will receive individual attention in every class and the opportunity to dance beyond your expectations. No previous dance or fitness training is necessary. Please wear comfortable clothing and ballet slippers. Please use the back parking lot and enter through the back entrance. **All levels welcome.**

MIN: 2 MAX: 8 www.ginasstudio.com

Program & Session #	Age	Class Day	Class Dates	Time	Fee	Location	Instructor
FW1924-01	15+	Monday	Sept. 16, 23, 30, Oct. 7, 14, 21	5:30-6:30 PM	\$70	Gina's Dance Studio 629 Mass Ave., Boxboro	Studio Instructor

LaBlast



LaBlast is an energizing partner-free dance program that anyone can participate in and learn to dance while getting fit and having fun. The program is inspired by all the dances you see on "Dancing with the Stars". This class is designed to inspire your mind, transform your body and over-time teach you the true skill of dances such as the Rumba Salsa, Cha Cha, Jive, Hustle, Samba, LindyHop, Disco, Foxtrot, Merengue, Viennese Waltz, Quickstep, Paso Doble and Tango. All dance/fitness levels are welcome and no previous dance or fitness training is necessary. Please bring clean, comfortable shoes to change into and wear comfortable clothes. Bring a water bottle. Please park and enter through the back entrance of the studio. **All levels welcome.** **MIN: 2 MAX: 14** www.ginasstudio.com

Program & Session #	Age	Class Day	Class Dates	Time	Fee	Location	Instructor
FW1925-01	15+	Wednesday	Sept. 18, 25, Oct. 2, 9, 16, 23	9:30-10:30 AM	\$70	Gina's Dance Studio 629 Mass Ave., Boxboro	Gina Flaherty

Mat Pilates & Stretch

"Great for improving posture, entire core and total health!"

This Stott Pilates-based exercise class will focus on the core, while strengthening, stretching and balancing primarily your abdominals and back, as well as your entire body. Designed for all fitness levels, you will be advised to exercise within your own safe zone and challenge yourself when you can, exercising at your own pace. The stretching and relaxation component will help to increase flexibility, range of motion and ease of movement, while decreasing stress. This class is primarily on floor mat, with some standing.

Become stronger, more balanced, more flexible and minimize discomfort. Feel rejuvenated, re-energized and relaxed! This is a great workout for anyone. See you soon!

Materials Needed: Please bring an exercise mat (thick is better); block (optional), towel or small pillow, water bottle. Bare feet or grippy socks are recommended. **MIN: 8 MAX: 25**

Program & Session #	Age	Class Day	Class Dates	Time	Location	Fee	Instructor
FW1926-01	18+	Thursday	Sept. 19, 26, Oct. 3, 10, 17, 24 Nov. 7, 14 No class 10/31	11:00-12:00 PM	Acton Rec. Center 50 Audubon Drive	\$104	Yvonne Bennelli
FW1926-02	18+	Thursday	Jan. 23, 30, Feb. 6, 13, 27 March 5, 12 No class 2/20	11:00-12:00 PM	Acton Rec. Center 50 Audubon Drive	\$91	Yvonne Benelli



Yvonne Grenon Benelli has been a fitness instructor, designer and coordinator of many different exercise programs and facilities throughout New England, New York and abroad since the late 1970's. She works with all ages and fitness levels in various exercise classes, currently including AquaCize (pool and lake), Pilates, NouVon, COA & Personal Training. Yvonne has an M.S. in Clinical Exercise Physiology and a B.S. in Physical Education. She is Stott Pilates trained and was an American Red Cross CPR Instructor for over 30 years. Fun fact: Yvonne worked with Marcelle Marceau, the famous Mime and danced in NY.

OLDER TEEN - ADULT PROGRAMS

Zumba™ Fitness



Zumba™ fitness classes are one hour of non-stop, calorie burning, hip-shaking dance and fitness moves that tone, stretch and sculpt the entire body! These classes are great cardio workouts using motivating international music that alternates between fast and slow rhythms to burn calories more efficiently, shed pounds, and build endurance, strength, rhythm and coordination. Zumba™ fitness classes are for everyone! Each student can modify the moves to his/her desired fitness goal and is encouraged to move at his/her own pace and way. This is why it feels more like a party than a fitness class and why all have a good time and come back for more! **No previous fitness training is necessary.** Please bring a filled water bottle and comfortable sneakers that are easy to move in different directions - the less tread on the sneaker, the better. Please use back parking entrance to Gina's Dance Studio. **All levels welcome. MIN: 2 MAX: 8**

Program & Session #	Age	Class Day	Class Dates	Time	Location	Fee	Instructor
FW1927-01	15+	Sunday	Sept. 22, 29, Oct. 6, 13, 20, 27	6:00 – 7:00 PM	Gina's Dance Studio 629 Mass Ave., Boxboro	\$70	Studio Instructor
FW1927-02	15+	Monday	Sept. 16, 23, 30, Oct. 7, 14, 21	6:45 – 7:45 PM	Gina's Dance Studio 629 Mass Ave., Boxboro	\$70	Gina Flaherty
FW1927-03	15+	Tuesday	Sept. 17, 24, Oct. 1, 8, 15, 22	9:30 – 10:30 AM	Gina's Dance Studio 629 Mass Ave., Boxboro	\$70	Studio Instructor
FW1927-04	15+	Wed.	Sept. 18, 25, Oct. 2, 9, 16, 23	6:45 – 7:45 PM	Gina's Dance Studio 629 Mass Ave., Boxboro	\$70	Gina Flaherty
FW1927-05	15+	Saturday	Sept. 21, 28, Oct. 5, 12, 19, 26	9:30 – 10:30 AM	Gina's Dance Studio 629 Mass Ave., Boxboro	\$70	Gina Flaherty w/ Studio Instructor

Zumba™ Toning



Shake the stress away and get your heart pumping and your body moving with our Zumba™ Toning classes. These classes are great for cardio conditioning with the added benefits of toning and sculpting your entire body with light hand-held toning sticks that are more like weighted maracas that help to create a party-like atmosphere. The class uses motivating international music that is choreographed in intervals allowing your body to burn calories more efficiently, while also building endurance, strength and coordination. **No previous dance or fitness training is necessary.** Toning sticks are available for use or purchase through the instructor. Please use the back parking lot and enter through the back entrance. **All levels welcome. MIN: 2 MAX: 10**

Program & Session #	Age	Class Day	Class Dates	Time	Location	Fee	Instructor
FW1928-01	15+	Thursday	Sept. 19, 26, Oct. 3, 10, 17, 24	9:30-10:30 AM	Gina's Dance Studio 629 Mass Ave., Boxboro	\$70	Donna Shea
FW1928-02	15+	Saturday	Sept. 21, 28, Oct. 5, 12, 19, 26	9:00-9:30 AM	Gina's Dance Studio 629 Mass Ave., Boxboro	\$35	Donna Shea



Kashmir - Led Zeppelin Tribute, 6/28/19



Yellow Brick Road - Tribute to Elton John 7/26/19

OLDER TEEN - ADULT PROGRAMS

Intro to Tai Chi and Qigong



Tai Chi is a traditional Chinese Martial Art focused on the circulation of chi or “life energy” found within and around all living things. Sometimes called “moving meditation,” millions of men and women all over the world practice it daily as a gentle, stress reducing exercise. At its deepest level, Tai Chi can also become an extremely powerful and effective system of self-defense, characterized by a relaxed flow of internal energy and power, as opposed to sheer muscular strength and speed. Benefits of Tai Chi include: reduced stress, increased flexibility, increased energy and vitality and improvement in general health. **MIN: 4 MAX: 10**



Program & Session #	Age	Class Day	Class Dates	Time	Location	Fee	Instructor
FW1929-01	16+	Tuesday	Sept. 17-Oct. 22	9:30-10:30 AM	Chinese Martial Arts 32 Nagog Park Drive	\$130	Narczyz Latecki
FW1929-02	16+	Tuesday	Sept. 17-Oct. 22	7:00-8:00 PM	Chinese Martial Arts 32 Nagog Park Drive	\$130	Narczyz Latecki
FW1929-03	16+	Tuesday	Nov. 5 - Dec. 10	9:30-10:30 AM	Chinese Martial Arts 32 Nagog Park Drive	\$130	Narczyz Latecki
FW1929-04	16+	Tuesday	Nov. 5 - Dec. 10	7:00-8:00 PM	Chinese Martial Arts 32 Nagog Park Drive	\$130	Narczyz Latecki
FW1929-05	16+	Tuesday	Jan. 7 - Feb. 11	9:30-10:30 AM	Chinese Martial Arts 32 Nagog Park Drive	\$130	Narczyz Latecki
FW1929-06	16+	Tuesday	Jan. 7 - Feb. 11	7:00-8:00 PM	Chinese Martial Arts 32 Nagog Park Drive	\$130	Narczyz Latecki

Martial Arts for Adults



Chinese Kung Fu training gives an individual an excellent method of exercise, a personal art form and a basis for self-defense and sparring. This class emphasizes a combination of traditional training with modern methods, and builds your strength, endurance, and flexibility. Chinese Martial Arts program includes: traditional northern Kung Fu styles (Baji, Pigua, Fanzi, Chuoqiao), solo and matching barehanded forms, over 18 classical Chinese weapons, Qinna (joint locks & control), Shuaijiao (Chinese wrestling), Hard Qigong and sparring. **MIN: 4 MAX: 10**

Program & Session #	Age	Class Day	Class Dates	Time	Location	Fee	Instructor
FW1930-01	16+	Wednesday	Sept. 18 - Oct. 23	7:00-8:00 PM	Chinese Martial Arts 32 Nagog Park Drive	\$130	Narczyz Latecki
FW1930-02	16+	Wednesday	Nov. 6 - Dec. 18 (no class 11/27)	7:00-8:00 PM	Chinese Martial Arts 32 Nagog Park Drive	\$130	Narczyz Latecki
FW1930-03	16+	Wednesday	Jan. 8 - Feb. 12	7:00-8:00 PM	Chinese Martial Arts 32 Nagog Park Drive	\$130	Narczyz Latecki

Don't wait until the next booklet...

Visit ACTONREC.COM

**regularly as we continually add programs and events
as soon as they are finalized!**

OLDER TEEN - ADULT PROGRAMS

American Red Cross CPR, First Aid, AED



The purpose of the American Red Cross First Aid/CPR/AED program is to help participants recognize and respond appropriately to cardiac, breathing and first aid emergencies for adults, children, and infants. This course teaches participants the knowledge and skills needed to give immediate care to an injured or ill person and to decide whether advanced medical care is needed. Participant will receive a certificate card after the completion of this course (included in cost). Optional – may bring a snack and water. **MIN: 2 MAX: 10**



Program & Session #	Age	Class Day	Class Date	Time	Location	Fee	Instructor
FW1931-01	16+	Tuesday	September 17	6:00-10:00 PM	50 Audubon Drive	\$65	Melissa Rier
FW1931-02	16+	Saturday	October 12	9:00 AM-1:00 PM	50 Audubon Drive	\$65	Melissa Rier
FW1931-03	16+	Tuesday	November 12	6:00-10:00 PM	50 Audubon Drive	\$65	Melissa Rier
FW1931-04	16+	Saturday	December 14	9:00 AM-1:00 PM	50 Audubon Drive	\$65	Melissa Rier
FW1931-05	16+	Tuesday	January 14	6:00-10:00 PM	50 Audubon Drive	\$65	Melissa Rier
FW1931-06	16+	Saturday	February 22	9:00 AM-1:00 PM	50 Audubon Drive	\$65	Melissa Rier
FW1931-07	16+	Tuesday	March 10	6:00-10:00 PM	50 Audubon Drive	\$65	Melissa Rier

Co-Ed Adult Pick-up Dodgeball



Come play some recreational dodgeball! It's a great way to have fun after work, meet new people, and keep in shape. No experience necessary.

MIN: 8 MAX: 22

Program & Session #	Age	Class Day	Class Dates	Time	Location	Fee	Instructor
FW1932-01	21+	Monday	November 4 - December 30 (no program 11/11)	4:30-5:30 PM	Acton Rec. Center 50 Audubon Drive	\$45	Melissa Rier
FW1932-02	21+	Monday	January 6 - March 30 (no program 1/20, 2/17)	4:30-5:30 PM	Acton Rec. Center 50 Audubon Drive	\$55	Melissa Rier

Co-Ed Pick-up Soccer



Come play some recreational soccer! It's a great way to have fun after work, meet new people, and keep in shape. No experience necessary.

MIN: 8 MAX: 22 *Materials Needed – Please wear sneakers or cleats and bring a filled water bottle. Shin Guards are optional.*



Program & Session #	Age	Class Day	Class Dates	Time	Location	Fee	Instructor
FW1937-01	21+	Monday	September 16 - October 28 (no program Oct. 14)	4:30-5:30 PM	Concord Road Field 104 Concord Road	\$25	Melissa Rier



Do you receive our e-newsletter? It's the best way to stay informed on what's going on with Acton Recreation! We send out full edition e-newsletters about twice a month during our peak season and once a month during the off season. The full edition e-newsletter includes program information, concerts, project updates, field information, and more. During the busier season, or when we have news to share that is time sensitive that can't wait for the full edition, we send out an e-clip. If you would like to stay informed, please e-mail us at recreation@actonma.gov with your name and e-mail address and we will add you to our distribution list. We don't share your e-mail and you can unsubscribe at any time. **Our goal is to keep you informed and not inundate your inbox!**

OLDER TEEN - ADULT PROGRAMS

Acton Citizens Police Academy

Here is an opportunity to find out what your Police Department and Dispatch Center do on a daily basis. Class will be taught by officers specializing in each of the subject areas giving participants the opportunity to meet many members of the Acton Police Department and be able to ask questions and give feedback. Topics will include: Tour the Public Safety Facility, learn the history and structure of the Police Department, patrol procedures, traffic enforcement, use of force, drug investigations, domestic violence, mental health issues, criminal investigations, juveniles and restorative justice, prosecution and criminal law, dispatch operation and more! This program is offered by the Police Dept. and not the Recreation Dept.

TO REGISTER CONTACT: POLICE CHIEF RICH BURROWS AT RBURROWS@ACTONMA.GOV

Age	Class Day	Class Dates	Time	Location	Fee	Instructor
18+	Wednesday	September 4, 11, 18, 25 Oct. 2, 9, 16, 23	4:00-6:00 PM	Public Safety Facility 371 Main Street	- FREE - register by e-mail rburrows@actonma.gov	Acton Police Officers

Intro to the Game of Golf Beginner & Advanced

Students will learn what a golf swing is, how it works and how to get the ball going in the right direction. The course will cover full swing, solid ball striking, selection of clubs and how to practice to get positive results to improve. Other sessions will cover pitching, chipping and putting skills with group participation on indoor golf simulators. Winter is the best time to learn how to play golf in a temperature controlled environment and get immediate feedback of how and why things happen the way they do. Golf is a game that anyone can play, so step up and learn the game you can play for a lifetime with family and friends. **MIN: 4 MAX: 8** www.rodsindoorgolf.com



ALL CLASSES ARE HELD AT: Rod's Golf Improvement Center, 320 Great Rd., Littleton

Program & Session #	Age	Class Day	Class Dates	Time*	Level	Fee	Instructor
FW1933-01	16+	Monday	January 6, 13, 20, 27, Feb. 3, 10	6:00-7:00 PM	Beginner	\$120	Rod Van Guilder, PGA, Golf Pro
FW1933-02	16+	Tuesday	January 21, 28, Feb. 4, 11, 18, 25	6:00-7:00 PM	Advanced	\$120	Rod Van Guilder, PGA, Golf Pro
FW1933-03	16+	Monday	February 24, March 2, 9, 16, 23, 30	6:00-7:00 PM	Beginner	\$120	Rod Van Guilder, PGA, Golf Pro
FW1933-04	16+	Tuesday	March 10, 17, 24, 31, April 7, 14	6:00-7:00 PM	Advanced	\$120	Rod Van Guilder, PGA, Golf Pro

***If there are more than 4 participants in the class, the class time will be extended from 6-8 p.m.**

Origami Fun for Adults!



Experiment with paper and other materials through a technique called origami. You will fold with paper, plastic and metal materials. You will learn of the crane's peace tale and listen to a song about a distinct, green origami goldfish. You will even learn about a relaxing technique called "Golden Venture". You will create your own designs and even build seasonal designs such as pumpkins and 3D snowflakes. Come to relax and have fun! **MIN: 4 MAX: 10**

Program & Session #	Age	Class Day	Class Dates	Time	Location	Fee	Instructor
FW1934-01	18+	Tuesday	September 10, 17, 24, October 8, 15, 22 (no class 10/1)	10:00-11:30 AM	Acton Rec. Center 50 Audubon Drive	\$78	Lisa Corfman



Tusk - The World's #1 Fleetwood Mac Tribute Show performed at NARA Park on Aug. 9, 2019

OLDER TEEN - ADULT PROGRAMS

Guided Forest Therapy Walk



Peel the layers of stress away and support healing by experiencing the medicine of the forest on this Forest Therapy walk with Certified Forest Therapy Guide, Nadine Mazzola. Shinrin Yoku is a term that means “taking in the forest atmosphere” or “forest bathing.” It is unlike any nature walk you have experienced before. We focus on our senses to develop an immediate connection with the forest. This is a very relaxed, slow, and mindful way of walking that has many proven health benefits. It's fun, easy and relaxing! We'll do a series of invitations (activities) to engage our senses, hone intuition and connect with the natural world around us. The walk will still be on if it's raining, unless it is a really big downpour or violent storm. If it is raining, it's important to have a waterproof shell including pants, and many people bring umbrellas. **WHAT TO BRING?** Please bring a snack or light lunch and water bottle, or if the day is cold, you might want to consider bringing a thermos with a hot drink. Wear comfortable clothing and good shoes for walking on easy trails & sunscreen/hat. If the weather is cool you should also dress to stay warm! I suggest you bring one more layer than you think you will need. We will be moving at a leisurely pace and in the shade so temperatures may be cooler than you expect. **MIN: 1 MAX: 12**

Program & Session #	Age	Class Day	Class Date	Time	Location	Fee	Instructor
SS1972-02	16 & Up	Sunday	September 15	1:00-3:00 PM	Acton Arboretum	\$33	Nadine Mazzola

Morning Forest Bathing



Peel the layers of stress away! Relax and practice mindfulness through nature connection. Receive all the added benefits nature offers: increased creativity, concentration, memory and immunity. We'll do a series of activities to engage our senses, bring us to the present moment, hone intuition and connect with the natural world around us. Over time we have started to lose our connection with nature as more technology creeps into our lives. Disconnect and wash away the technology induced stress in this effortless way. Also known as Shinrin Yoku or Forest Therapy, this practice originated in Japan where it's very popular. **Materials Needed** – Please bring water or if the day is cold you might want to consider bringing a thermos with a hot drink. Wear comfortable clothing and good shoes for walking on easy trails & sunscreen/hat. If the weather is cool you should dress to stay warm. Bring one more layer than you think you will need! We will be moving at a leisurely pace and in the shade, so temperatures may be cooler than you expect. The class will still be on if it's raining, unless it is a really big downpour or violent storm. If it is raining it's important to have a waterproof shell including pants, and many people bring umbrellas also. Rain often enhances sensory experience and makes for some of our most memorable classes.

MIN: 1 MAX: 24

Program & Session #	Age	Class Day	Class Date	Time	Location	Fee	Instructor
SS1918-02	16 & Up	Thursday	Sept. 26, Oct. 3, 10, 17 Rain Dates: Friday	7:15-8:30 AM	Acton Arboretum 2 Taylor Road	\$78	Nadine Mazzola

Forest Bathing for Dog Owners



Hate to leave your dog behind? Me too, so I've developed my own way of bringing these two things together: combining my experience as a Certified Forest Therapy Guide and a dog owner. Learn how to do Forest Bathing invitations with your dog. Your dog will even be your guide! If possible, please walk your dog before class. No aggressive dogs or dogs in heat are permitted. We reserve the right to remove any dogs thought to be dangerous to other dogs or participants.

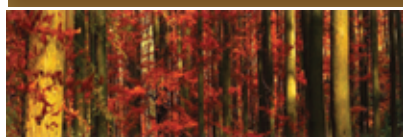
Materials Needed - For your Dog: Bring an extra-long leash or two leashes you can clip together. My preference is to use a 20-foot training lead. I will have extras if you'd like to try one out. For you: Wear comfortable clothing and good shoes for walking on trails & sunscreen/hat. If the weather is cool you should also dress to stay warm! I suggest you bring one more layer than you think you will need. We will be moving at a slow pace and in the shade so temperatures will be cooler than you expect.

MIN: 1 MAX: 8

Program & Session #	Age	Class Day	Class Date	Time	Location	Fee	Instructor
SS1970-03	16 & Up	Sunday	October 27	1:00-3:00 PM	Acton Arboretum 2 Taylor Road	\$26	Nadine Mazzola

OLDER TEEN - ADULT PROGRAMS

Fall Foliage & Winter Nature Walks



Explore Acton's Conservation areas with our own Natural Resources Director, Tom Tidman. Each class will be held at a different conservation area in Town. Learn about the native plants and wildlife habitats that make Acton such a unique place to live. Please dress for the weather and wear good walking shoes. **MIN: 5 MAX: 12**

Program & Session #	Age	Class Day	Class Dates	Time	Location	Fee	Instructor
FW19206-01	18+	Friday	Sept. 20, 27, Oct. 4, 11	10:00-11:30 AM	1st class meets at the Acton Arboretum, 2 Taylor Rd.	\$24	Tom Tidman
FW19206-02	18+	Friday	January 17, 24, 31, Feb. 7	10:00-11:30 AM	1st class meets at the Acton Arboretum, 2 Taylor Rd.	\$24	Tom Tidman

Floral Arrangement Workshop

Fall Fantasy Floral Arrangement: We'll combine dried and fresh plant material to create a centerpiece to take you through the fall! All materials are provided.

Winter Woodland Floral Arrangement: An arrangement with cut evergreens, berries and pinecones will cheer you through the start of winter. All materials are provided.

Spring Bulb Pot et Fleur Arrangement:

A Pot et Fleur design combines potted plants with cut flowers. Combine forced spring bulbs with foliage plants and cut flowers for a welcome display anticipating spring! All materials are provided.

MIN: 4 MAX: 8



Program & Session #	Age	Class Day	Class Dates	Time	Location	Fee	Instructor
FW1935-01	18+	Tuesday	Fall Fantasy Floral Arrangement October 8	12:00-1:00 PM	Acton Rec. Center 50 Audubon Drive	\$26	Cathy Fochtman
FW1935-02	18+	Tuesday	Winter Woodland Arrangement December 10	12:00-1:00 PM	Acton Rec. Center 50 Audubon Drive	\$26	Cathy Fochtman
FW1935-03	18+	Tuesday	Spring Bulb Pot et Fleur Arrangement March 10	12:00-1:00 PM	Acton Rec. Center 50 Audubon Drive	\$26	Cathy Fochtman

Fall Birding

Join local birder, Andy Magee, as he leads a series of three weekly birding walks for adults, searching for resident birds and focusing on fall migrants. Many birds have lost their breeding plumage by early fall, making identification challenging but fun, and we will focus on key ways to identify some of the trickier fall migrants. The walks will be held in local conservation lands and will last approximately two hours. Meeting sites will be announced several days in advance. Be sure to bring binoculars and get ready to be surprised by the number and diversity of bird species that are still to be seen as fall sets in. Please provide your e-mail address when registering for notifications. Bring your binoculars. **MIN: 5 MAX: 12**



Program & Session #	Age	Class Day	Class Dates	Time	Location	Fee	Instructor
FW1936-01	18+	Wednesday	September 25, October 2, 9	7:30-9:30 AM	1st class location TBD - Location will be emailed prior to class.	\$20	Andy Magee

BUS TRIPS

ALL TRIPS ARE NON-REFUNDABLE. TOURS AND INCLUSIONS ARE SUBJECT TO CHANGE.

BUS TRIP

MARTHA'S VINEYARD



Thursday, Sept. 12, 2019

Depart 6:30 AM ~ Return 7:00 PM (Approx.)

Cost: \$95 per person

We'll take the ferry from Woods Hole to Oak Bluffs on Martha's Vineyard. When we arrive, we'll have a sightseeing school bus driving tour of the island. We'll have a stop in Edgartown so that everyone may have lunch – on your own – as well as, a little shopping. Then return to the school bus and continue the tour of the island back to Oak Bluffs. Once back have a little more time to get that last-minute souvenir. Then meet your hostess at the Steamship Authority Terminal to board the ferry – which waits for no one! – back to Woods Hole. Then it's back home after a fantastic day!

Depart and return from 33 Shattuck St., Littleton

For more information or to register visit:

ACTONREC.COM



THE BIG E

Sat, Sept. 28, 2019

\$25 per adult

\$15 per children

\$5 for each child age 5 and under

The Big E, also known as The Eastern States Exposition, is billed as "New England's Great State fair." It is the largest agricultural event on the eastern seaboard and the seventh-largest fair in the nation. One of the most popular attractions at The Big E is the Avenue of States. The Avenue is said to contain life-size replicas of the six original New England statehouses, as well as the New England Grange House. These buildings feature exhibits and vendors that best exemplify the heritage, food, and traditions of each state. Other attractions include horse shows in The Big E Coliseum, or animals such as those in petting zoos located in the Big E Circus Spectacular, concerts in the Xfinity Arena, Storrowton Village, and the Midway, home to carnival rides and games.

Price includes transportation and ticket into The Big E.

Itinerary: Arrive at 33 Shattuck St, Littleton at 9:15 a.m. for a 9:30 a.m. departure. Arrive at the Big E at 11:00 a.m. Depart at the end of the parade at 6:30 p.m. with an arrival back in Littleton at 8:00 p.m.

Register: actonrec.com



FALL FOLIAGE TURKEY TRAIN RIDE

Fri, Oct. 11, 2019

\$93 per person

Today we head to the Winnepesaukee Scenic Railroad to enjoy a nostalgic, scenic excursion along the shores of the lake, traveling between Meredith and Lakeport, always within view of the lakes during the fall foliage season. We'll travel through the front yards of many of the fine resort homes and while aboard the train, you will enjoy a delicious Turkey Dinner catered by Hart's Turkey Farm. We'll make a stop at the Christmas Tree Shop to complete this wonderful day.

Itinerary: Arrive at 33 Shattuck St, Littleton at 9:45 a.m. for a 10 a.m. departure. Arrive at the Fall Foliage Turkey Train at 12:30 p.m. Train departs at 1 p.m. and lunch is served. The train returns at 3:15 where we will depart at 3:30 p.m. with a stop at the Christmas Tree Shop for an hour before arriving back in Littleton at 6:30 p.m.

Register: actonrec.com



Mystery Tour

Thurs, Nov. 7, 2019

\$100 per person

We are off on our First Mystery Day Trip. This trip is sure to be a crowd pleaser and one you will not want to miss. It includes gifts, a great lunch, and lots of adventure; you don't want to miss the first one!

This trip has limited walking - so don't miss the fun!!!!

Adventure!!!

Sights!!!

Lots of Great Food!!!

Music!!!

Gifts for ALL!!!!!!



Itinerary: The Mystery Tour will depart from 33 Shattuck Street, Littleton at 9:00 a.m. and return back to Littleton at 4:00 p.m.

Register: actonrec.com

BUS TRIPS

ALL TRIPS ARE NON-REFUNDABLE. TOURS AND INCLUSIONS ARE SUBJECT TO CHANGE.



NYC ANNUAL HOLIDAY BUS TRIP DO IT YOUR WAY!

**Sat, Dec. 7, 2019
\$74 per person**

Enjoy the day in New York City on your own! Sit back, relax and we will do all the driving. You will be dropped off at the New York Public Library/Bryant Park at around 11:00 a.m., that's one block from Times Square. Enjoy sightseeing, shopping, visit with a friend, see a show, see or visit one of the many great museums! Then meet back at the same spot at 8:00 p.m. for the depart home, making a quick stop for dinner – on your own – at a service plaza.

Be sure to book early as this trip sells out quick!!

Itinerary: You need to arrive at 33 Shattuck St., Littleton by 6:15 a.m. for a 6:30 a.m. departure. Arrive at NYC at approx. 11:00 a.m. drop off. You are on your own until the bus picks you up. At 7:45 p.m., meet the bus at the New York Public Library/Bryant Park-5th Avenue at 42nd Street for a 8:00 p.m. departure. Arrival back to Littleton at 11 p.m.
Due to unanticipated traffic, travel time is subject to change.

Register: actonrec.com



HOLIDAY POPS BOSTON

**Wed, December 11, 2019
4:00 p.m. Showtime
Price \$110 Per Person**

Come listen to the Boston Pops and Conductor Keith Lockhart for the cherished Holiday Pops concert. Enjoy the magic of the Christmas season as the Boston Pops performs their signature Sleigh Ride, as well as other Holiday classics. They are joined by the Tanglewood Festival Chorus and Santa Claus will make a guest appearance during the concert's finale. End the day with the traditional Boston Pops Holiday Sing-a-long to bring this special performance to a close.

Be sure to book early as this trip sells out quick!!

Itinerary: Bus Trip Patrons arrive at 33 Shattuck St., Littleton by 11:30 a.m. for a noon departure. Lunch/walk around Boston from 1-3 p.m. Arrive a Symphony Hall at 3:15 p.m. for the Holiday Pops performance at 4:00 p.m. Depart Symphony Hall at 6:00 p.m. for a 7:00 p.m. anticipated arrival back to Littleton.

Register: actonrec.com

Holiday Pops Boston: At the time of print, this trip was being finalized. The cost of the trip may be subject to change. Lunch is included in the cost as part of the itinerary.

FOR MAIL-IN OR IN PERSON BUS TRIP REGISTRATION, THE BUS TRIP FORM CAN BE FOUND ON PAGE 8 OF THIS BROCHURE. BUS REGISTRATION FORMS ARE MAILED WITH A CHECK PAYABLE TO "TOWN OF ACTON."

MAILING ADDRESS: ACTON RECREATION DEPT., 472 MAIN STREET, ACTON, MA 01720

IN PERSON: ACTON RECREATION DEPT., 50 AUDUBON DRIVE, ACTON, MA 01720

BUS TRIP INFORMATION THAT IS GOOD TO KNOW...

- Trips fill up fast! Register early!
- Minimum number of participants for all trips is 38 and maximum is 52-56 depending on bus size.
- Tours and inclusions are subject to change.
- All trips are non-refundable. If you are unable to make a trip that you signed up for, you may find someone to take your place.
- We will keep a wait list for trips once the trip is sold out.
- Payment must be made at time of registration and a seat cannot be held without payment.
- Bus trip cost does not include a non-refundable credit card convenience fee of 3%. No convenience fee for payments made by check.
- An e-mail is sent the week of the trip with confirmation of details. If you do not use e-mail, be sure to give us a call or stop by our office.
- Acton Recreation works together with Littleton, Concord, Carlisle and Bedford Recreation Departments to fill our buses.

2020 COMMUNITY GARDENS

Plot renewals for 2020 are due by Wednesday, November 13
Registration for new applicants begins Monday, January 6, 2019

North Acton Community Garden ~ Morrison Farm Community Garden ~ Hebert Farm Community Garden

If you are interested in having a garden plot for 2020, but lack the necessary space at home, try out one of the garden plots at our Community Gardens. The Natural Resources Department operates three Community Gardens. Locations are North Acton, 845 Main Street, Morrison Farm, 116 Concord Road and Hebert Farm Community Garden, 88 Prospect Street.

Community Garden Plots assignments are based on a first-come, first-served basis.

You may register for available plots during the hours of 8 a.m. until 3 p.m. in person at the Cemetery Department Office located on the grounds of the Woodlawn Cemetery at the Kennedy Building, 104 Concord Road.

Please note that due to the high demand for garden plots, there is a limit of only 1 garden plot per household/address.

Dates of Use: 2020 plots can be used from Sat., April 11 until Sunday, November 1, 2020.

Watering: Please note that the Acton Water District Seasonal Watering Restrictions apply to the Community Gardens. North Acton Community Garden watering is on odd days (Wednesday, Friday and Sunday). Hebert Farm Community Garden watering is on even days (Tuesday, Thursday and Saturday). ***Please note that water will not be turned on until after the threat of freezing weather has passed.***

Plot Size (plot sizes are approximate): Morrison Farm large plot size is 25' x 33' and 12' x 25' for half plots. North Acton plots are 50' x 33' for full size and 25' x 33' for half size. Hebert Farm Community Garden plots are 20' X 20'.

For more information, please contact Kim at Natural Resources @ 978.929.6642 or e-mail: cemetery@actonma.gov



Resident & Non-Resident	Plot Size	Days Open	Dates	Time	Location	Fee
Acton Resident	Full Plot	All Days	April 11-November 1	Sunrise - Sunset	North Acton Garden 845 Main Street	\$60
Non-Resident	Full Plot	All Days	April 11-November 1	Sunrise - Sunset	North Acton Garden 845 Main Street	\$80
Acton Resident	Half Plot	All Days	April 11-November 1	Sunrise - Sunset	North Acton Garden 845 Main Street	\$50
Non-Resident	Half Plot	All Days	April 11-November 1	Sunrise - Sunset	North Acton Garden 845 Main Street	\$70
Acton Resident	Large or Small Plot	All Days	April 11-November 1	Sunrise - Sunset	Morrison Farm 116 Concord Road	\$60
Non-Resident	Large or Small Plot	All Days	April 11-November 1	Sunrise - Sunset	Morrison Farm 116 Concord Road	\$80
Acton Resident	Full Plot	All Days	April 11-November 1	Sunrise - Sunset	Hebert Farm Community Garden 88 Prospect Street	\$60
Non-Resident	Full Plot	All Days	April 11-November 1	Sunrise - Sunset	Hebert Farm Community Garden 88 Prospect Street	\$80

Camp Acton

A great local place to recreate! There are seven campsite locations available for overnight camping, permit required. Camp Acton is located off Pope Road via road access gate. In order to use Camp Acton for overnight camping, a permit application must be completed in advance.

RATE IS \$25 PER SITE/PER DAY

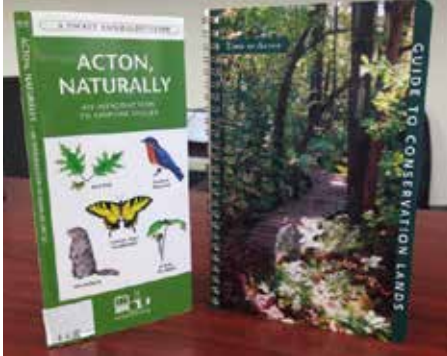
Camp Acton Permit Form may be obtained at:

www.actonma.gov/recreation



COMMUNITY BULLETIN

Acton Conservation Trail Guide



Did you know that you can purchase an Acton Trail Guide for only \$10? (check or cash only).

You may purchase one at the
Acton Recreation Department
50 Audubon Drive, Acton

*This book is beautifully illustrated!
A great Acton gift idea!*

Town of Acton - Connect with us!



Visit actonma.gov to view the new Municipal Monthly electronic newsletter.

TOWN OF ACTON - CONNECT WITH US!

Join our online community and stay in the know with exclusive news and updates on:

Facebook:

<https://www.facebook.com/ActonMAGov/>

Follow us on **Twitter** @ActonMAGov:

<https://twitter.com/ActonMAGov>

Sign up for **Town notifications**, emergency alerts and general alerts - subscribe, unsubscribe or manage your subscriptions: <http://www.actonma.gov/549/Town-Notifications>

Scarecrow Making Contest

Stand Up to Stigma! Enter the Scarecrow Making Contest to benefit the National Alliance on Mental Illness of Central Middlesex.

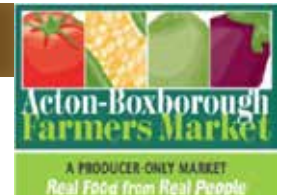
Columbus Day Weekend at the Farm!

**Farm Fun Family Activities, Scarecrow Voting, Corn Maze
NAMI Information Booth October 12-14**

Bring a \$25 donation to Cucurbit Farm at 32 Parker Street in Acton, and pick up your scarecrow frame, starting 9/1. Then take your friendly scarecrow back to the farm. Scarecrows will wear signs bearing the name of donors for the month of October. www.cucurbitfarm.com

Acton-Boxborough Farmers Market

Please join us for our 11th Season! The Farmers Market is located at Pearl Street & Windsor Avenue in West Acton. Open Sundays from 10 a.m. to 1 p.m. through October 27. *Promoting good food, supporting sustainable agriculture, and building community!*



Assabet River Rail Trail



Last October 25th, the Acton-Maynard Bike Share ribbon cutting ceremony was held. Acton and Maynard have joined the Minutemen Bike Share Network. Zagster bike racks are located in West Acton, South Acton Station and Maynard. Visit: bike.zagster.com/minuteman/ for more information on the Bike Share program.

COMMUNITY BULLETIN

Bruce Freeman Rail Trail



The Bruce Freeman Rail Trail is a proposed rail trail through the communities of Lowell, Chelmsford, Westford, Carlisle, Acton, Concord, Sudbury, and Framingham in Massachusetts — following the 25-mile route of the old New Haven Railroad Framingham & Lowell line--now open in Acton!

WWW.BRUCEFREEMANRAILTRAIL.ORG

You may subscribe to automatic notifications of new blog postings on the blog page or by using the "Notify Me by E-mail" tab on the Town of Acton website at <http://www.actonma.gov>.

The Acton Minutemen Want You!



Musket-persons, Ladies, Children, Fifers, Drummers! Did you know that we participate in activities year round? Parades, school events, corporate presentations, full battle reenactments and whole colonial encampment weekends.

Participate in as many or as few events as your schedule allows. For more information visit www.actonminutemen.org or contact Captain Steve Crosby at 617-877-2361 or e-mail croz1775@gmail.com. Help represent your town, have some fun and keep the tradition and history of Acton alive! (Photo of Acton Minutemen at NARA Park 7/2016 by S. Repucci)

Iron Work Farm

Jones Taven Open Tap Room, Saturday, October 5 from 4-8 p.m., Jones Tavern, 128 Main Street, Acton

Art-Out Show and Sale in conjunction with Acton Open Studios
Saturday, Oct. 5, 19 and Sunday, Oct. 20 at Jones Tavern, 128 Main Street.

Historic House Museum Tours at Faulkner Homestead and Jones Tavern:
3-5 p.m., Sunday, Sept. 22 and Sunday, Oct. 27

Hidden History Hike: A walk of S. Acton archaeology sites with archaeologist Kimberley Connors on Sunday, October 27 at 2 p.m.

Visit ironworkfarm.org to learn more about Iron Work Farm, volunteer opportunities, as well as upcoming events.



www.ironworkfarm.org



Acton Historical Society

The Acton Historical Society is an organization of volunteers dedicated to the collection, preservation, and sharing of Acton's rich heritage.

A 501(c)3 organization, its property at 300 Main Street in Acton includes the Jonathan Hosmer House, the Jenks Library, and a barn, all filled with artifacts, documents, and photographs that illustrate and illuminate Acton's history.

Visit: actonhistoricalsociety.org



ACTON RECREATION FALL/WINTER CALENDAR OF EVENTS

DAY	DATE	EVENT	START TIME	END TIME	ADMISSION/FEE
Friday	August 23	Foreigners Journey @ NARA Park	8:00 PM	10:30 PM	\$15 at the door/\$12 in advance if purchased online (10 and under free)
Saturday	September 7	Food & Floyd Fest including Laser Light Show! @ NARA Park	7:00 PM	10:00 PM	\$15 at the door/\$12 in advance if purchased online (10 and under free)
Friday	October 4	Don't Tell Jack! @ Rec. Center	7:00 PM	9:00 PM	Free admission
Friday	October 18	Monsterbash @ NARA Park	7:00 PM	9:00 PM	\$5 per person all ages over two – no pre-sales
Sunday	October 27	Tanglewood Marionettes "Cinderella" @ Rec. Center	1:30 PM	2:30 PM	\$8 per person at the door \$6 in advance if purchased online (under 3 free)
Sunday	December 8	Pancakes with Santa @ Rec. Center	9:00 AM	11:30 AM	\$10 per child 3+, \$15 per adult if purchased in advance. Add \$2 per person if purchased at the door pending availability. Limited tickets available!
Friday	December 13	1 st Annual Very Merry Hollyday Celebration @ NARA Park	5:30 PM	7:00 PM	Free – suggested donation \$10 per family
Saturday	December 14	Neil Diamond Tribute featuring Holiday Music & Chart Topping Hits! @ Rec. Center	7:30 PM	10:00 PM	\$35 at the door, \$30 if purchased in advance. Free appetizers and soft drinks. Beer/wine sold separately. Limited tickets available!
Sunday	January 12	Creature Feature Day! Birds of Prey @ Rec. Center	1:00 PM	2:00 PM	\$5 per person. Not recommended for children under 5 years of age.
Friday	January 17	John Denver Tribute performed by Ted Vigil @ Rec. Center	7:30 PM	10:00 PM	\$35 at the door, \$30 if purchased in advance. Free appetizers and soft drinks. Beer/wine sold separately. Limited tickets available!
Saturday	January 25	Tanglewood Marionettes presents "Sleeping Beauty" @ Rec. Center	1:30 PM	2:30 PM	\$8 per person at the door \$6 in advance if purchased online (under 3 free)
Saturday	February 1	Winter Carnival @ NARA Park	4:00 PM	7:00 PM	Free admission, donations welcome!
Saturday	February 8	Studio Two – The Beatles Before America! @ Rec. Center	7:30 PM	10:00 PM	\$35 at the door, \$30 if purchased in advance. Free appetizers and soft drinks. Beer/wine sold separately. Limited tickets available!
Sunday	March 1	Karen K. & The Jitterbugs ~ kids concert! @ Rec. Center	2:00 PM	3:30 PM	\$5 per person (10 and under free)

All events are subject to change if necessary. [Sponsorship opportunities available!](#)

ACTONREC.COM Visit our website to purchase tickets in advance, obtain more details or stop by the Acton Recreation Center, 50 Audubon Drive, Acton, during normal business hours.

CONCERTS & SPECIAL EVENTS



FOREIGNERS JOURNEY

Ultimate tribute to two of rock's greatest around bands of the 80's

FRIDAY, AUGUST 23, 2019

8:00-10:30 PM

NARA PARK AMPHITHEATER - ACTON, MA

TICKETS \$15 AT THE DOOR/DAY OF EVENT

\$12 ONLINE AHEAD OF TIME!

WWW.ACTONREC.COM



TICKET FEE DOES NOT INCLUDE PARKING. PARKING IS \$10.00 PER HOUR. ONLINE AND AT THE GATE.

CONCERTS & SPECIAL EVENTS

FOOD & FLOYD FEST

SATURDAY, SEPT. 7

7:00-10:00 PM

NARA PARK AMPHITHEATER

GILMOUR'S BREAKFAST

PINK FLOYD TRIBUTE SHOW

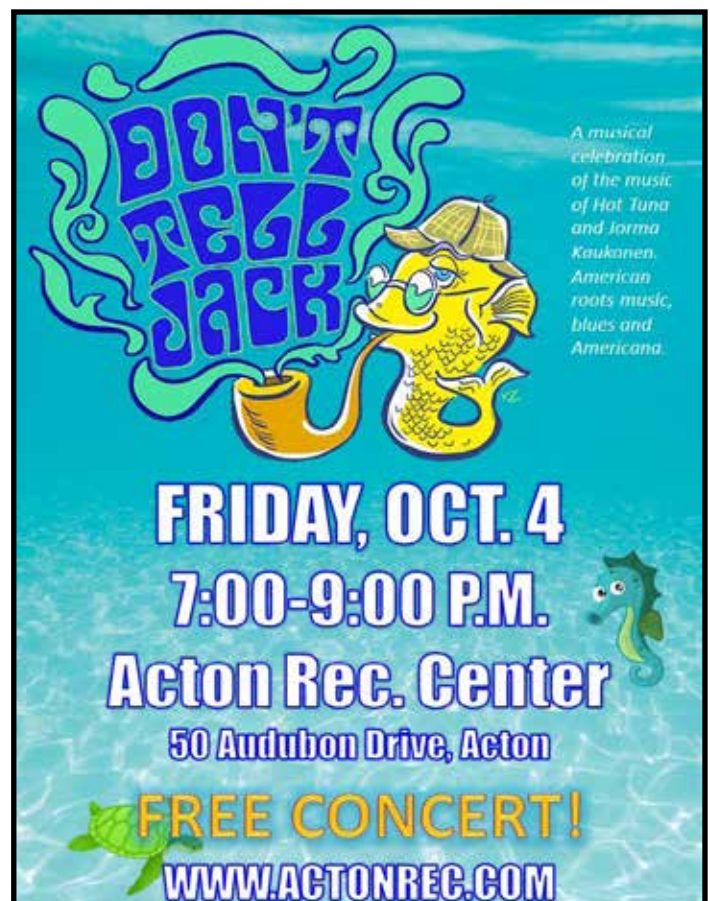
WITH A

FULL LASER LIGHT SHOW

BY PINNACLE LASER PRODUCTIONS!

FOOD, BEER, WINE, SOFT DRINKS AVAILABLE FOR PURCHASE

TICKETS: ACTONREC.COM OR \$15 AT THE GATE



CONCERTS & SPECIAL EVENTSS



MONSTER BASH

FRIDAY, OCTOBER 18
7:00-9:00 PM
NARA PARK*
 25 LEDGE ROCK WAY, ACTON
 (OUTDOOR EVENT!)

\$5 Per Person - All Ages

Black Light DJ Dance Party
 Fun & Games
 Flashlight Candy Hunt (bring your flashlights!)
 Costumes Optional

WWW.ACTONREC.COM FIND US ON FACEBOOK!

* In the event of bad weather, please visit the NARA Park Facebook page or the Town website at www.actonma.gov/events for any notification of location change. to move indoors to the Acton Rec. Center, 50 Audubon Drive (off High Street) in S. Acton.



TANGLEWOOD MARIONETTES
 Presents
CINDERELLA

SUN. OCT. 27
1:30 P.M.
 ACTON REC. CENTER
 50 AUDUBON DRIVE, ACTON
 ADMISSION: \$8 PER PERSON AT THE DOOR
 2 AND UNDER FREE
 \$6 IN ADVANCE ONLINE AT ACTONREC.COM

Cinderella
ACTONREC.COM



PANCAKES WITH SANTA!
Sun, Dec. 8, 9:00-11:30 A.M.
 Acton Rec. Center, 50 Audubon Dr.

Register early
 to guarantee
 your reservation!
www.actonrec.com

\$10 PER CHILD AGES 3 & UP*
 \$15 PER ADULT
 In Advance
 Add \$2 per person at the door.
 Includes Pancake Breakfast
 Visit with Santa & Friends
 Decorate a Cookie!
 Hot Chocolate Bar

* Under 3 Free



1ST ANNUAL
VERY MERRY HOLLYDAY
CELEBRATION!

FREE!
FRIDAY, DEC. 13
5:30-7:00 P.M.
NARA PARK BATHHOUSE!
25 LEDGE ROCK WAY, ACTON
 Sponsored in part by Crystal Entertainment Services

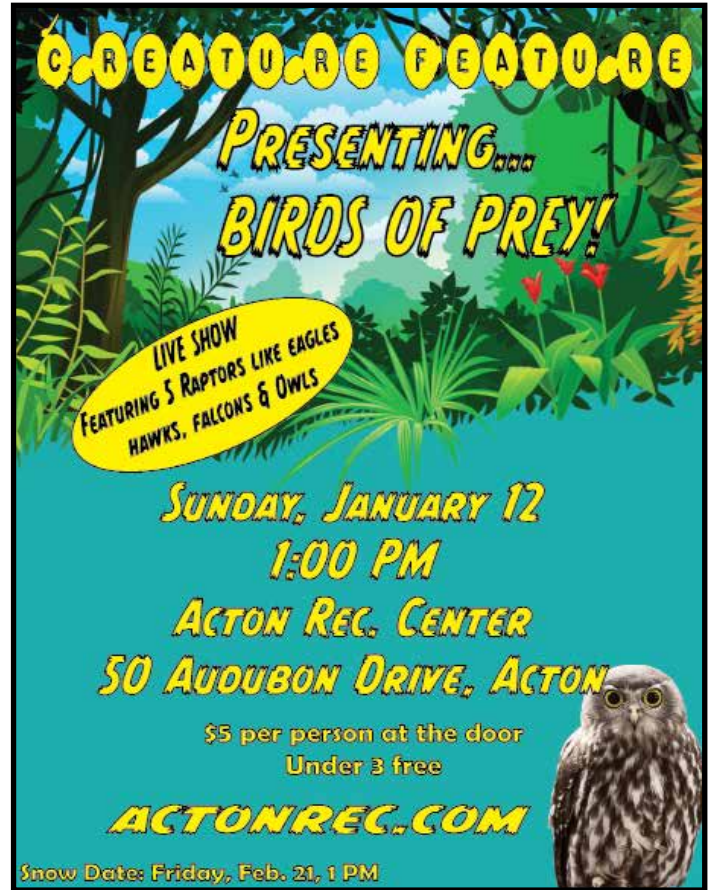
Sing-a-long, festive games, prizes & special visitor!

CONCERTS & SPECIAL EVENTS



NEIL DIAMOND
Tribute Show
Featuring Holiday Music &
Chart Topping Hits!
Michael Anthony's Tribute to
Neil Diamond

SAT, DECEMBER 14
7:30-10:00 PM
ACTON REC. CENTER
50 AUDUBON DRIVE, ACTON
\$35 AT THE DOOR, \$30 IN ADVANCE
COMPLIMENTARY REFRESHMENTS & SOFT
DRINKS, BEER & WINE WILL BE
AVAILABLE FOR PURCHASE
ACTONREC.COM



C. CREATURE FEATURE
PRESENTING...
BIRDS OF PREY!

LIVE SHOW
FEATURING 5 RAPTORS LIKE EAGLES
HAWKS, FALCONS & OWLS

SUNDAY, JANUARY 12
1:00 PM
ACTON REC. CENTER
50 AUDUBON DRIVE, ACTON
\$5 per person at the door
Under 3 free
ACTONREC.COM

Snow Date: Friday, Feb. 21, 1 PM



JOHN DENVER
TRIBUTE PERFORMED BY TED VIGIL

FRIDAY, JANUARY 17, 2020
7:30-10:00 PM
ACTON RECREATION CENTER
50 AUDUBON DRIVE, ACTON, MA

Tickets in advance: \$30
Admission at the door: \$35

Ticket price includes complimentary appetizers and soft drinks.
Beer and wine available for purchase.

ACTONREC.COM



TANGLEWOOD MARIONETTES
Presents
SLEEPING BEAUTY

SAT, JAN. 25
1:30 P.M.
ACTON REC. CENTER
50 AUDUBON DRIVE, ACTON
ADMISSION: \$8 PER PERSON AT THE DOOR
2 AND UNDER FREE
\$6 IN ADVANCE ONLINE AT ACTONREC.COM

ACTONREC.COM

CONCERTS & SPECIAL EVENTS

WINTER CARNIVAL
at NARA PARK
Saturday, Feb. 1, 2020
4:00-7:00 PM
Free Admission!

SAVE THE DATE!

VISIT OUR WEBSITE FOR MORE DETAILS AFTER JAN. 15TH!
WWW.ACTON-MA.GOV/EVENTS

FREE ADMISSION!



STUDIO TWO
THE BEATLES BEFORE AMERICA
SATURDAY, FEB. 8
7:30-10:00 p.m.
ACTON RECREATION CENTER
50 AUDUBON DRIVE, ACTON

Feb. 8th ... The eve before... Feb. 9th ...
February 8, 1961 - The Beatles made their debut at The Cavern Club in Liverpool, England. They would then go on to play the basement club 292 times!
"The Cavern was smelly, damp, dark, loud and exciting," recalled Paul McCartney in the 1996 book The Beatles Anthology. "As usual, we didn't start out with much of an audience, but then people began to hear about us. We could always entertain them."
February 9, 1964 - The Beatles first performance on the Ed Sullivan Show was aired!!

STUDIO TWO

Experience The Beatles Before America

Special Event!
LIMITED TICKETS AVAILABLE!
\$35 per person - Includes appetizer buffet and soft drinks.
Beer/wine available for purchase.
Buy now before it's sold out!
actonrec.com



Karen K. & the Jitterbugs
SUNDAY, MARCH 1, 2020
2:00-3:30 P.M.
ACTON REC. CENTER
50 AUDUBON DRIVE, ACTON

\$5 PER PERSON OVER AGE 10



WWW.ACTONREC.COM

SPONSORSHIP & DONATION OPPORTUNITIES

We are seeking donations and sponsors for our 2020 Concerts and Special Events. Every dollar donated or sponsored is used to offset the cost of hosting the many great community events from July 4th, Beach Party, Winter Carnival, free concerts, and low cost ticketed events featuring national touring artists. This year we had over 20 major events as we celebrated NARA Parks 20th Anniversary!

The events that we host are self-funded and must be paid for with revenue received from donations, sponsorships, concessions and tickets. With the many underlining costs associated with operating these events, your support is greatly needed and appreciated! Every dollar we receive is utilized exclusively for the concerts and events. We greatly appreciate the support of our local businesses, and private citizens who helped make all that we do for the community possible!

If you are interested in becoming a sponsor or would like to make a donation, please contact Maura Haberman, Event & Program Coordinator at mhaberman@actonma.gov or call 978.929.6640 Ext. 0.

2019 NARA PARK CONCERTS & SPECIAL EVENT SPONSORS - THANK YOU!

PLATINUM LEVEL SPONSORS

Donelan's Supermarket	donelans.com	284 Great Road, Acton
Gould's Clothing	gouldsclothing.com	260 Great Road, Acton

GOLD LEVEL SPONSORS

Enterprise Bank	enterprisebanking.com	340 Great Road, Acton
Roche Bros.	rochebros.com	387 Mass Ave., Acton

SILVER LEVEL SPONSORS

Boston Bijoux Fine Jewelry	bostonbijoux.com	342 Great Road, Acton
Cambridge Savings Bank	cambridgesavings.com	202 Sudbury Rd., Concord
Emerson Hospital	emersonhospital.org	133 ORNAC, Concord
Insulet Corporation	insulet.com	100 Nagog Park, Acton
Middlesex Savings Bank	middlesexbank.com	291 Main Street, Acton 577 Mass Ave., Acton
Revolution Community Yoga	yogaacton.com	537 Mass Ave., Acton
Sechrest & Bloom, LLC	sechrestcpa.com	526 Main St., #301, Acton
Sorrento's Pizza	sorrentospizzeria.com	251 Main Street, Acton
TD Bank	tdbank.com	408 Mass Ave., Acton

BRONZE LEVEL SPONSORS

Acton Pharmacy	dinnohealth.com	563 Mass Ave., Acton
DCU Digital Federal Credit Union	dcu.org	100 Powder Mill, Acton 207 Constitution Ave., Littleton
Loyal Companion	loyalcompanion.com	444 Great Road, Acton
Pro-Tech Companies	Pro-Tech Gas @ 2A/27 and Sunoco @ 411 Mass. Avenue	

BASIC LEVEL SPONSORS

Acton Boxborough Cultural Council	actonboxboroughculturalcouncil.org	
Acton Ford	actonford.com	76 Powdermill Road, Acton
Adesa - Concord	adesa.com	77 Hosmer Street, Acton
American National Insurance, Donald Ludwig – Agent	ludwigagency.com	25a Stow Road, Boxborough
Century Bank	centurybank.com	102 Fellsway W, Somerville
Concord Teacakes	concordteacakes.com	59 Commonwealth Ave., Concord
Danny's Place Youth Services	dannys-place.org	525 Mass Ave., Suite A, Acton
Dunkin' - Acton	dunkindonuts.com	315 Main St. /212 Main St. /182 Great Rd. - Acton
Life Care Center of Acton	lifecarecenterofacton.com	1 Great Road, Acton
Massachusetts Cultural Council	massculturalcouncil.org	
SoVital Fitness	sovitalfitness.com	806 Constitution Ave., Littleton
Visiting Angels Acton	visitingangels.com/acton	498 Great Road, Acton
Workers Credit Union	wcu.com	294 Littleton Road, Westford

CONCERT & EVENT SUPPORTERS

1 on 1 Self Indulgence Day Spa	lon1si.com	457 Great Road, Acton
Acton Medical Associates	actonmedical.com	321 Main Street, Acton
Stop & Shop - Acton	stopandshop.com	100 Powdermill Road

THANK YOU!

PLATINUM SPONSORS



GOLD SPONSORS



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Cambridge®
SAVINGS BANK



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978-264-0216



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Insulet Corporation

BRONZE SPONSORS



Acton Pharmacy

THE PRO-TECH COMPANIES



BASIC SPONSORS



DONALD LUDWIG
AGENT



VISITING ANGELS - ACTON



Banking that works.



CONCERT & EVENT PARTNER



Learn how you can become a sponsor!

We have a lot of community events and an array of sponsorship opportunities!

Please contact Maura Haberman, Event & Program Coordinator, at mhaberman@actonma.gov or call

978.929.6640 Ext. 0 for more information.





Recreation Department
TOWN OF ACTON
472 MAIN STREET
ACTON, MA 01720

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ACTON, MA

POSTAL CUSTOMER

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Follow us on Twitter (@acton_rec_dept)



Subscribe to our E-newsletter! (recreation@actonma.gov)

FALL & WINTER FUN FOR EVERYONE!

NEW & CLASSIC PROGRAMS FOR ALL AGES!
SCHOOL VACATION KIDS CLUB
HOLIDAY CONCERTS & SPECIAL EVENTS
ARTS & CRAFTS
FITNESS PROGRAMS
BUS TRIPS & MORE!